BALMORAL HALL
MELIORA
PETENS
B H
OPTIMA ANNI

LOVE
TODAY
Love

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Winnipeg, Manitoba R3C 3S1
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Claire Sumerlus
Head of School

Looking back over the past year I am amazed at all your successes. In today's global community you need to be prepared for the unknown challenges and opportunities that await you. I believe BH graduates are well prepared to assume their leadership roles as global citizens committed to making a difference – not just in our local community but also in the broader community outside our borders.

As you our Graduates prepare for your exciting futures beyond Balmoral's hallowed halls, remember that you are joining an International community of BH Alumnae. An influential group of women who continue to represent our school motto, Meliora Petens - seeking better things, for themselves and the world around them. Remember, as alumnae you are always welcome. I hope you will continue to love and support BH.

Judith Steek
Principal of Junior School

LOVE TODAY was the theme of the year created by the 2008 Prefects. They encouraged students from Nursery to Grade 12 to love the many aspects of their life in which they were involved.

This yearbook represents the many, many elements of the BH education; the learning, the opportunities, the experiences; the moments of a lifetime, captured here in picture. They may never come again, so they must be cherished. Students may ultimately remember the essential understandings, some facts and figures, but it is the essence of being a part of something great-the BH Family, that will stay with them forever. The strength and the spirit of BH will carry students forward, to be the best they can be today and tomorrow.

As Helen Keller stated, "The best and the most beautiful things in the world cannot be seen or even touched. They must be felt with the heart."

So congratulations to the BH Graduates and to those responsible for the creation of yearbook. Don't forget to LOVE TODAY—and all that it brings!

Joanne Kamins
Principal of Senior School

Balmoral Hall School is filled with rich opportunities for growth and this year has been no exception. Academically, BH students continue to excel. This year's graduating class received an extraordinary level of recognition by their future universities – both in terms of program acceptance and financial incentives. Athletically, our athletes continue to dominate their conferences in volleyball, hockey, curling and soccer – in its inaugural season the BH Blazers high school team finished second in the league. Artistically, several student drawings were featured on Habitat for Humanity's calendar and Mother's Day cards, efforts in photography were provincially recognized, and the production of CATS was an outstanding success. Globally, students travelled to Italy for a cultural experience and to the Dominican to participate in a community outreach program at an orphanage. Hats off to students and staff , together you made this year a very special one!

Jackie Copp and Tracy Smith
Principal and Middle School Team Leader

Balmoral Hall School has integrated the IB Learner Profile as part of its Portrait of a Graduate. One of the profile's attributes is risk taking. Risk taking is particularly important for our graduates as they soon will be faced with risks as they head for changes and growth in new directions. They need to "approach unfamiliar situations and uncertainty with courage and forethought, and have the independence of spirit to explore new roles, ideas and strategies. They must be brave and articulate in defending their beliefs." (IB Learner Profile) In our changing world, we hope you leave Balmoral Hall School with the ability to reflect on your performance here and use the steps of critical thinking as you tackle the challenges in your future plans.

The Theme of the 2007-2008 school year was "Love...Today." This theme encompassed the true essence of our students. The Prefects carried this theme throughout all their activities, from Guitar Hero in the atrium, to bingo and interhouse activities, and it was the common thread in their assemblies.

As some of you graduate and move on to other things in your life, we hope that you carry this theme with you and remember it in your daily lives. It is important to...

Love... Yesterday – Take the memories of your time with us here at BH, respect your roots, and be sure to come back and visit!

Love... Today – Take the time to enjoy the journey, slow down sometimes and enjoy the beauty of a snowflake, or the sound of a loved one's voice.

Love... Tomorrow – Believe in yourself, achieve your dreams and experience your own personal success.

James Morden
Chair of the Board of Governors

At the Opening Assembly last fall, you may remember that I asked all students to make me a promise. That promise was to continue showing school spirit, to be involved in school life and to always cheer on your friends and classmates. From the looks of this yearbook, you kept your promise!

The Board of Governors is committed to ensuring that our students are prepared to go out in the world and make a difference in their lives and in the lives of those they touch. Like the many graduates before you, I am confident that the skills you have gained during your BH experience will be integral in shaping your future.

As Chair of the Board of Governors, I am proud to extend congratulations to the Class of 2008 for their leadership in such an exciting year. Along with hard work and discipline, these leadership skills will guide you along any path you choose.

I hope you travel a path that sees you continuing to question, to explore, to challenge and to achieve. I also hope that whenever the opportunity presents itself, this path will bring you back to the School so that you can share with us and with students the many experiences you will have had. Best wishes!

Chrystal Robert
President of the Parent Association

To Our Graduates of 2008:

Love Today—what an appropriate mantra for the 2007-08 school year. You will look upon your years at Balmoral Hall School with fondness, and sometimes longing for the simpler days of fun and friendship. Carry these memories with you, maintain the friendships you've made and most of all: Believe that you can Achieve and Succeed.

As you all move in to the next phase of your lives, never forget where you've come from. You are BH Girls – You are role models; you are confident, intelligent young women ready to tackle the world and apply all that you've learned up until this date. Good luck, congratulations on your achievements and I look forward to seeing and hearing more about your future accomplishments in the years to come. You're going to Love Your Tomorrow too!

Maria Reimer '95
President of the Alumnae Association

"The Alumnae Association extends its congratulations to the 106th Graduating Class!

It has been said that life is nothing if not a series of initiations, transitions, and incorporations. Your matriculation from Balmoral Hall is the jumping off point for a life full of those exciting initiations, transitions and incorporations.

The years ahead of you will find you beginning and pursuing new ventures of almost an unimaginable variety. Along the way, you will make new friends and connections in addition to the lifelong friends you will find in those who were your peers at Balmoral Hall. You will also discover that you have an invaluable ally in Balmoral Hall Alumnae. Alumnae offer you their experience, intelligence, ambition, and the inspiration of their achievements. As you pursue your respective goals and aspirations in the years that succeed your time as a student at Balmoral Hall, take a moment to reflect upon your initiation into your new role in the BH Family as a member of the hundreds-strong Alumnae Association. Keep in touch via the Alumnae Email directory, via your BH friends, or stop by the School. The Alumnae Association would love to hear from you!"

Shanleigh Thomson
Head Girl

WHAT'S UP BH?! I can't believe this year has gone by so fast and has been SO amazing. Only in my wildest dreams did I think I would be in this position with the opportunity to influence and help so many of the girls that I've grown up with. Let's be honest; 2007-2008 KICKED BUTT. We were on the CBC for Bomber Day, we brought back Spirit Week...I could list off about 25 different things this unreal council managed to do. All of this started out with a promise for Waffles, a Monkey and a little jingle called "Love Today" I initially mistook for Mika's other song "Grace Kelly". I think we lived up our theme and loved every day this year. I learned so much from being your head girl about life, friends, leadership, working with other schools and winning the way to a teacher's heart (Starbucks on a Monday morning!). I have never worked so hard in my life for something so rewarding. Thanks to my council for making my life 1000 times easier, and thanks to all the previous head girls who I draw inspiration from everyday. Shanleigh's tip for the rest of your life: Keep on rocking in the free world, and don't do anything unless you can do it up BIG. Ps. Starbucks will probably still be around when you read this, so go buy yourself a Pumpkin Spice Latte.

Caitlin Brock
School Captain

I truly can't believe how quickly this year went by. It literally feels like yesterday that I was giving my speech for the school captain position. This year has been amazing, not only because I have had the opportunity to put forth ideas and work with an outstanding student council, but also because I have had the opportunity to meet tons of new people throughout Balmoral Hall from all different grades. I hope that through the year you were able to spread spirit somehow; whether through participation, encouragement or even simply a smile. I hope that at some point you were able to challenge yourself and step outside of your comfort zone. This is how you grow as a person, by trying new things. Remember to enjoy your time here at Balmoral Hall. Learn to appreciate the BH family, and grow from all of the activities and new things they have to offer here. But most of all girls, don't forget to love today!

Love the Memories

I cannot believe it has already come time for me to write this message. Being a member of the "BH Family" for eleven years, saying goodbye is something I approach with apprehension and excitement, an oxymoron in the same. Fear because I am leaving behind familiar foundations and comfort zones, enthusiasm because....well because I am leaving behind familiar foundations and comfort zones. Being the 2008 Yearbook Prefect was an amazing leadership role to take on in my last year, because it has allowed me to preserve some special memories that not only I, but everyone else, can remember forever. My appreciation for the efforts of my yearbook team and the always knowledgeable Mrs. McDonald cannot be expressed enough, except to say that they are all truly stars. Thank-you to the student body for electing me to this position and allowing me to be part of a truly outstanding Executive Council, allowing my last year here to be so very memorable.

Krupa Kotecha
Yearbook Prefect

2007-08 Yearbook Committee

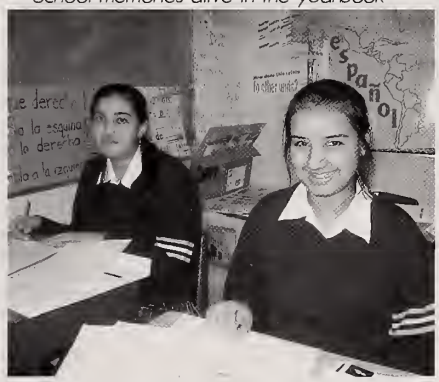
Senior School Prefect - Krupa Kotecha
Middle School Prefect - Ashley Buckle
Editors - Krupa Kotecha and Talia Joundi
Principal Photographer - Chantol Thompson
Divider Art - Roxanne Ilagan, Demora Davidson, Audrey Bicknell, Yeong Jin (Kimmy) Kim and Sun Gang
Teacher Advisors: Dave Zimmermon, Jennifer McDonald.
Special thanks to Ginny Lechman for many photograph and event contributions.

Committee Members:
Caitlin Brock
Saira Abdulrehman
Rachel Solomon
Jessie Lee
Adriana Morales
Christa Lee
Julie Clark
Talia Joundi
Fatima Warraich
Mehek Shaikh
Holey Koehn
Paige Chadsey
Kamal Dhillon
Simran Singh

Junior Photographers
Sarah Gage — *Jane Guberman*
Aurora Robert — *Dasha Silhova*
Victoria Davidson — *Nicky DePape*
Kirsten Rogers — *Simran Roopra*

"We do not remember days, we remember moments. The richness of life lies in memories we have forgotten."
- Cesare Pavese

Simran Singh and Ashley Buckle kept Middle School memories alive in the yearbook



Fatima Worraich and Mehek Shaikh did a great job organizing the portrait pages

Rachel Solomon and Krupa Kotecha worked together on the computer

Kamal Dhillon, Paige Chadsey and Mrs. McDonald enjoyed choosing and taking pictures

BLA BLA BLA
BLA BLA BLA
HAHA HA...
GIRLS...
love...
staff !!
STAFF
Yeong Jin Kim
HI!
BALMORAL
HALL
2007-2008
GIRLS MAKE SURE
YOU LOVE STAFF.
HAHA..

Love Your Job!

"I'm not a teacher: only a fellow-traveller of whom you asked the way. I pointed ahead - ahead of myelf as well as you." George Bernard Shaw

Akerstream, Krista

Alexander, Donna

Alto, Tina

Baraschuk, Jenna

Batista, Kerry Ann

Bergen, Dawn

Bocek, Cyndee

Borodkin, Kera

Bowles, Marilyn

Budoloski, George

Burston, Tracy

Chaves, Liz

Chochinov, Sharla

Christie, Joan

Cook, Jared

Cooper, Rachel

Copp, Jackie

Critchley, Carol

Cruz, Norma

Deblonde, Garry

Delaquis, Genevieve

Doerksen, Cathy

Dow, Robin

Falconer, Leanne

Finney, Isobel

Flackman, Bev

Fox, Dave

Friesen, Teresa

Fulton, Terry

Gariepy, Denise

"The object of teaching a child is to enable him to get along without his teacher."
Elbert Hubbard

Gaudry, Gary

Goldbecher, Tanja

Goldberg, Beth

Graham, Carolyn

Green, Amanda

Hafenbrak, Jodi

Hart, Tony

Henault, Marita

Hoffman, Warren

Hunter, Sheila

Jacob, Lesley

James, Carlos

Jiang, Bin Dong

Johnson, Gil

Johnson, Wayne

Johnstone, Lianne

Jordan, Vicky

Kamins, Joanne

Kerr, John

Kirk, Jennifer

Konyk-Pastuck, Roma

Kowal, Erin

Kowalec, Christina

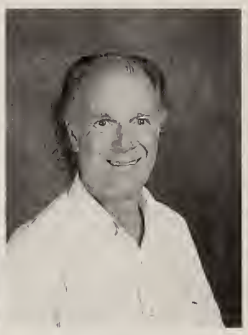
Kozenko, Dennis

"The greatest sign of success for a teacher... is to be able to say, The children are now working as if I did not exist."
Maria Montessori

Lechman, Rebecca

Lechman, Ginny

Leigh, Nancy


Leipsic, Stevan

Lundy, Carrie

Machel, Dawn

Mackenzie, Jane

McCombe, Chloe

McDonald, Jennifer

McElrea, Adriane

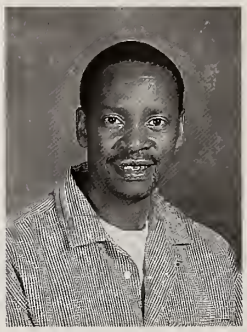
McGhie, Pamela

McGill-Horn, Lois

Moeller, Anita

Moore, Lisa

Naughten, Heather


Ndlovu, Richard

Osborne, Kirstan

Quinn, Bill

Rebeck, Dean

Reid, Mary Jane

Sheps, Joanie

Shyka, Connie

Simmons, Pam

Smith, Karina

The important thing is not that every child should be taught, as that every child should be given the wish to learn.
John Lubbock

Smith, Rhonda

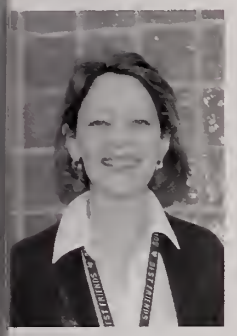
Smith, Tracy

Solberg, Laura

Sprange, Leslie

Spring, Sandra

Stewart, Cam


Steek, Judith

Stewart, Jennifer

Streilein, Jennifer

Suderman, Don

Sumerlus, Claire

Sveinson, Darlene

Thomson, Arda

Thordarson, Signy

Trickett, Jill

Visser, Robbert

Warriner, Emily

Weniger, Laura

Wilkes, Ketri

Woodhouse, Shirley

Workman, Nicole

Zimmer, Harriet

Zimmerman, Dave

Zimmerman, Laura

Custodial Staff:
Bushra Al-Raimi
Sorah Bonnotyne
Amleset Beyene
Ljubica Moskovic
Richard Ndlavu
Carene Stranger
Zoo Wong
Linda Woodhouse

SCHOOL LIFE

Love Your School

Bowles–Nursery

Igleya Advincula

Johanna Wynne Anderson

Penelope Cholakis

Mara Denchuk

Hope Johnson

Sarah Harley

Malaya Humeniuk

Lauren King

Sarah Mathew

Halah Mhhanni

Joanne Pham

Sophie Schwartz

Alexis Sinclair

Gabrielle Susanto

Claire Venevongsa

Isha Walia

Amelia Wallace

Burston – JK

Lukas Agpalza Santos

Caden Bielner

Oksana Chaput

Tamara Chaput

Nina Dhaliwal

Heather Harrison

Lauren Horvath

Jenna Lam

Samuel Loewen

Olivia Olson

Samuel Penner

Chiara Picklyk-Esposito

Katherine Sengman

Lily Stewner

Juliana West

Machel – JK

Lily Brandes

Grace Harding

Eilishrose Hazlitt

Max Jarry

Senna Laflamme

Heaven Moneyas

Caelan Nowicki

Gina Plett

Julia Ryan

Thomas Stefanson

Colby Yurkiw

Osborne – K

Madelaine Baigrie

Guneet Brar

Charlotte Falck

Megan Harley

Honor Hinchey

Charlotte Kowall

Jasmin Luszeck

Una Mayberry

Aleksandra Planinich

Stefania Priestley

Kaytlen Recine

Brianna Ritter

Madeline Ritter

Grace Speirs

Grace Thomson

Irina Znamirowski

Thomson – K

Sadeem Al-Hajjaj

Tarneet Brar

Saije Catcheway

Alexandra Davis

Emma Hafenbrak

Natasha Hofer

Keemia Kaviani

Emma King

Grace Lynch

Jolene McMahon

Avery Shtykalo

Portia Topnik

Zoë Zaretzky

Sprange – Grade One

Sumaya Aldabbagh

Mia Battad

Logan Chubaty Boychuck

MacKenna Domoney

Avery Fletcher

Scotia Fullerton Collison

Kendra Hamin

Emma Harms

Kate Hokanson

Anna Layte

Kathryn Lyon

Mikayla McLeod

Emma Machado

Gabriella Nowicki

Bethany Shtykalo

Victoria Stefanson

Jessica Sui

Chelsea Venevongsa

Kaylyn Zacharkiw

Baxter-Naughten Two

Katelyn Battad

Alexandra Beck

Serena Buchwald

Eleanor Fay

Samantha Frost

MacGregor Goodman

Sarah Kowall

Lia Loewen

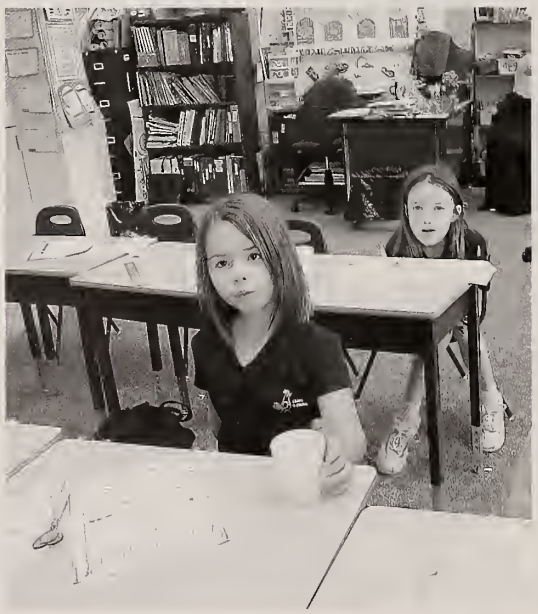
Sophie MacDonald

Claire Meier

Anika Moran

Jennie Pham

Marie Silhova



Konyk - Pastuk Two

Payton Bell

Kirsten Benidickson

Rachel Bernhardt

Rachael Buchwald

Pema Davis

India Holeman

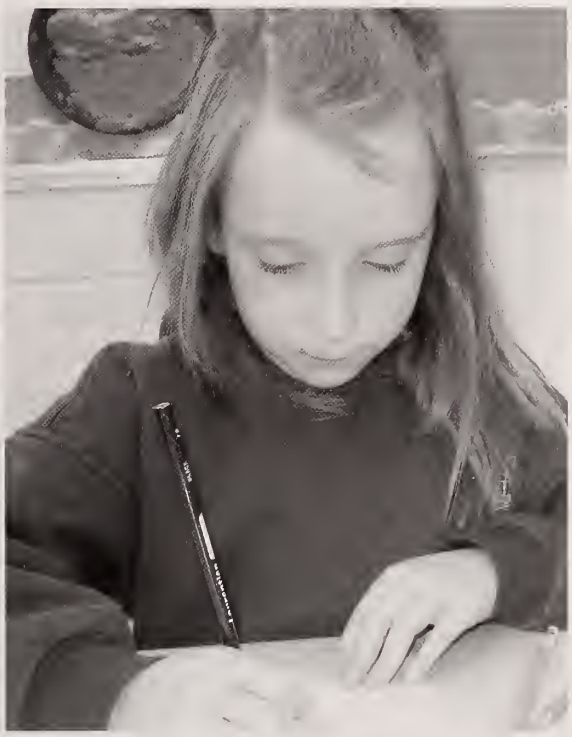
Madison Lacombe

Lauren Melnyk

Reese Precourt

Kristin Smith

Lindsay Speirs



Thordarson-Three

Hannah Baran

Alexandra Blake

Katherine Burley

Anais Casselman-Green

Gillian Chiu

Naia Dias-Gwyn

Victoria Dowhan

Morgan Dubyts

Amy Johnston

Moira Kennedy

Samantha Machado

Taylor Maidment

Olivia Meier

Danielle Moreau

Maya Schwartz

Jennifer Sikora

Emily Thompson

Claudia Venevongs

Zimmerman – Four

Sara Ali

Chloe Balog

Audrey Bicknell

Alexandra Chubaty Boychuk

Dakota Cull

Daniella Daumler

Anoushka Divekar

Alexandra Enns

Millie Gardner

Kim Hurst

Luca Janzen

Sameen Kaviani

Julia Lee

Paris Musaphir

Shelby Sytnyk

Zoey Traverse

Bocek - Five

Miranda Baran

Leah Bernhardt

Genevieve Field

Sarah Gage

Jane Guberman

Jessie McTaggart

Cassidy Maidment

Cassandra Patterson

Rithika Rajamohan

Celine Richardson

Aurora Robert

Bailey Robinson

Kirsten Rogers

Kathryne Roller

McCombs-Akerstream-5

Annick Beauchesne

Lea Chowdhury

Victoria Davidson

Nicola DePape

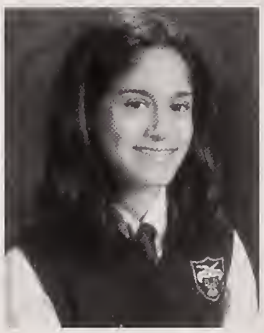
Laura Ferch

Emma Holeman

Clarice Nguyen Hua

Alexis Ogaranko

Breann Patterson


Simran Roopra

Dasha Silhova

Marley Smith

Alexandra Trann

Cook - Six

Julia White

Paige Hastings Van

Alanna Flom

Meighan Ambrosie

Alexandra Banfield

Meredith Chiu

Eva Downey

Josie Feltham

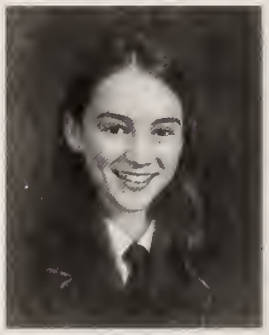
Claire Hughes

Cady Jessiman

Kaitlyn McIntosh

Nadia Schriemer

Hayley Stacey


Emily Steele

Chochinov - Six

Celina Penny

Josie Gardner

Kaitlyn Scott

Maryam Aldabbagh

Haley Cummings

Katie Hastings Van

Alida Hughes

Leilah Perchaluk

Emily Sikora

Talia Smith

Brianna Turner

Rainah Uhl

Gabrielle Warren

Smith - Seven

Anna Evans-Boudreau

Zoe Goldman

Bryanna Sherbo

Louné Blom

Natasha Comeau

Michelle Daeninck

Kady Evanyshyn

Eleanor Fascione

Jillian Hedden

Janelle Hill

Aynsley Hodge

Bryn Koehn

Ting-Wei Lee

Madeline Lischka

Kennedy Maidmen

Samantha Moreau

Luxmy Navaretnam

Sarah Sytnyk

Nicole Van Hove

Alexandra Wade

Nicole Wierzbicki

Hafenbrak - Seven

Jaclyn Flom

Madison Harvey

Allessandra Turner

Khadijah Aldabbagh

Emily Ferguson

Erika Ilse

Kathleen Kopp

Nika Korpesho

Kara Langley

Hannah McKenna

Madeline Metcalfe

Michela Picklyk-Esposito

Michelle Prendiville

Morgan Rathwell

Megan Ross

Kailey Schur

Moneet Sidhu

Ella Steele

Ella Thomson

Marissa Woods

Tricketts – Eight

Hannah Scott

Emily Kesselman

Katrina Barkwell

Bridget Bicknell

Kate Bouchard

Hye Joon Cho

Yasmin Elzayat

Hailey Hooke

Suji Kang

Leanne King

Ericka Muller Moran

Hannah Shiffman

Shannon Sifert

Brittany Simmons

McKenzie Trann

CC Wannan

Moeller – Eight

Stephanie Enns

Alex Jessiman

Regina Guzman

Gabriella Balog

Ashley Buckle

Demara Davidson

Alex DePape

Megan Dufault

Shea Gaynor

Sydney Jones

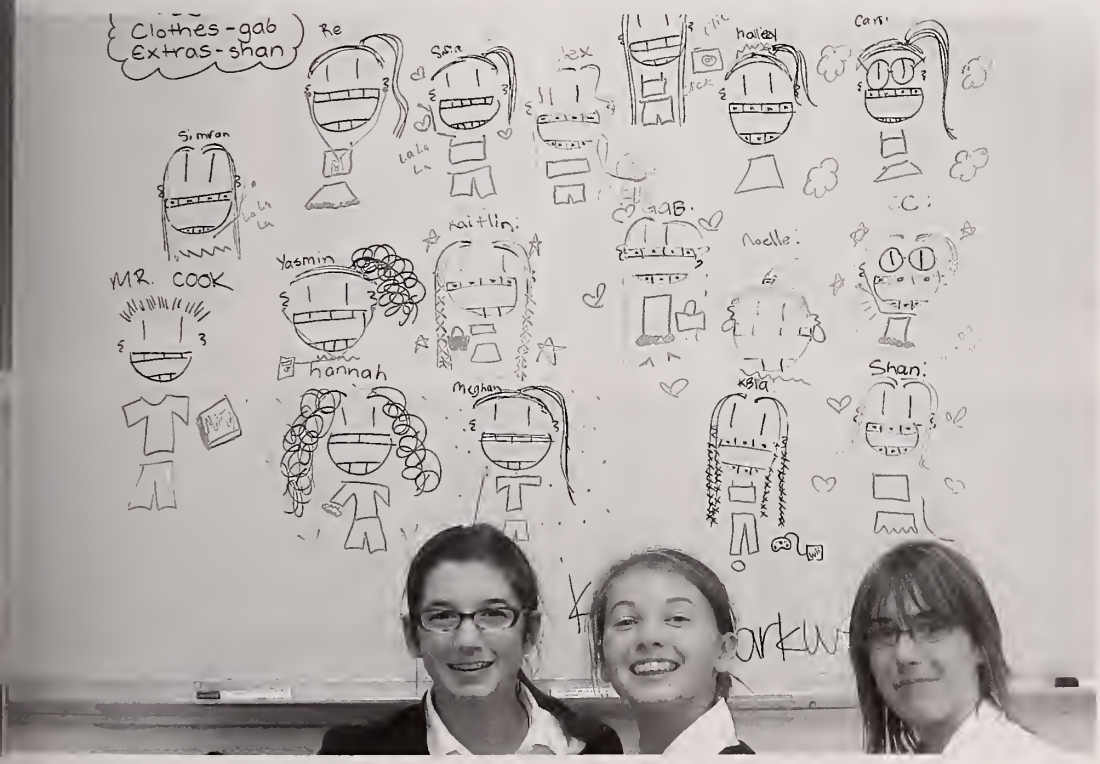
Simran Singh

Caroline Steele

Sofia Menendez

Elizabeth Pappas

Kaitlin Robinson



Noelle Verry

Hoffman – Nine

Isabelle Anderson Gregoire

Sofia Martin del Campo

Carleigh Balciunas

Rebecca Alexander

Lucia Berlanga

Gurkamal Dhillon

Kathleen Eva

Breanne Fredette

Layla Freig

Colleen Furlan

Haley Koehn

Yeong Jin Kim

Kelsey Lacombe

Emily Lennox

Lauren Lischka

Juliana Loewen

Shaylyn Maharaj-Poliah

Madison Maidment

Celeste Main

Palmer Nowak

Lauren Peake

Ashley Stedman

Kerr–Nine

Allison Kowalchuk

Adrianna Militano

Danica Avery

Paige Chadsey

Megan Clarke

Natasha Cobb

Camille Dixon

Hannah Darrach-Cottick

Brittany Durand

Daniela Gutierrez

Nicole Joyce

Cody Keith

Ji Hyun Kim

Chloe Kjernisted

Marikka Lee

Kirsten Nicholson

Carmen Provinciano

Cella Rousseau

Adriana Sly

Chloe Vickar

Amanda Stegmaier

Elizabeth White

Kowalten

Jacklyn Prendiville

Erica Prefontaine Dean

Elise MacDonald

Malak Abas

Christine Bestland

Sydney Bicknell

Ying Chou

Hyeon-Seon Gang

Keely Jones

Rebecca Kremer

Yu-Ping Lee

Ana Cecilia Morales Bilbatua

Krystal Nguyen Hua

Tatiana Rafter

Toria Rankin-Friesen

Michelle Rebeck

Rebecca Sherbo

Hannah Stinson

Chantol Thomson

Diana Vera

Fatima Warraich

McDonald-Ten

Zara Goldberg

Alex Martin

Michelle Pawluk

Siba Abas

Nastassja Boreyko

Tzu-Hsun Chi

Paige Danowski

Stefanie Goldberg

Charlie Gray

Chih-Heng Hsia

Hsuan-Ling Liu

Allison Love

Jessie Margolis

Alexa Solomon

Shelby Szarko

Miranda Thorne

Angel Vadgama

Kelsey Watchman

Carlee Wilson

Anna Yagi

Julie Yan

Shyka-Ten

Sean King

Hannah Johnson

Madison Stewart

Alyssa Ambrosie

Emily Campbell

Tess Dusik

Alexandra Giesbrecht

Christine Harms

Jia Wen Huang

Rachel Joanis

Crystal Lee

Yiou-Hua Lu

Emily McKnight

Eileen Newman

Anna Savard

Mehek Shaikh

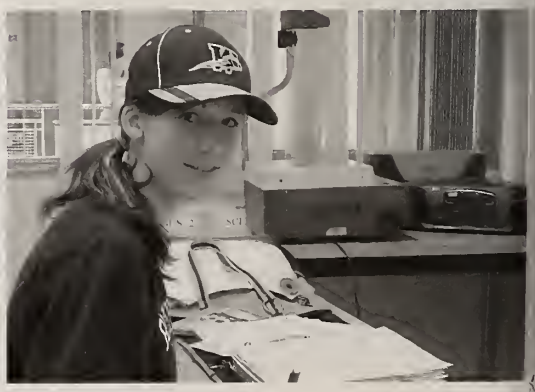
Jane Simms

Victoria Taylor

Erika Thunder

Yun-Han Wang

Stephanie Webster



Deblonde-Eleven

Talia Glodjo

Tina Nakoulas

Michelle McFadden

Chelsea Chimilar

Kristin Cockerill

Vanessa Comeau

Jessie Drews

Pei Yi Feng

Ashley Fredette

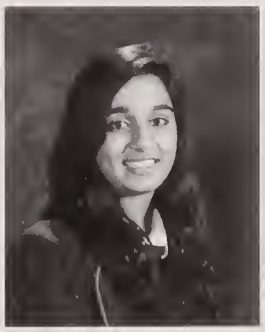
Jessica Goldberg

Elsemari Jacobs

Amanda Kaufmann

Sena Lam

Hwa Jin Lee


Gagandeep Sidhu

Sung En Wei

Friesen-Eleven

Layal Abas

Ksenia Ogolikhina

Erica Siddall

Yasmine Attiyat

Regan Boulton

Christie Branton

Kayla Fernandes

Breann Frykas

Leanne Glass

Katrina Hoffmann

Gloria Kwok

Ghaeun Lee

Tiffany Mok

Angela Reimer

Ericka Rankin-Friesen

Lauren Smerchanski

McGill-Horn-Eleven

Zelda Gonzalez-Bravo

Talia Joundi

Caitlin MacDonald

Valerie Beynon

Julie Clark

Drew Evenson

Brittany Hergesheimer

Stacie Kashuba

Eun Jin Kwak

Chia-Chun Liu

Charissa MacLeod

Ariana Meyers

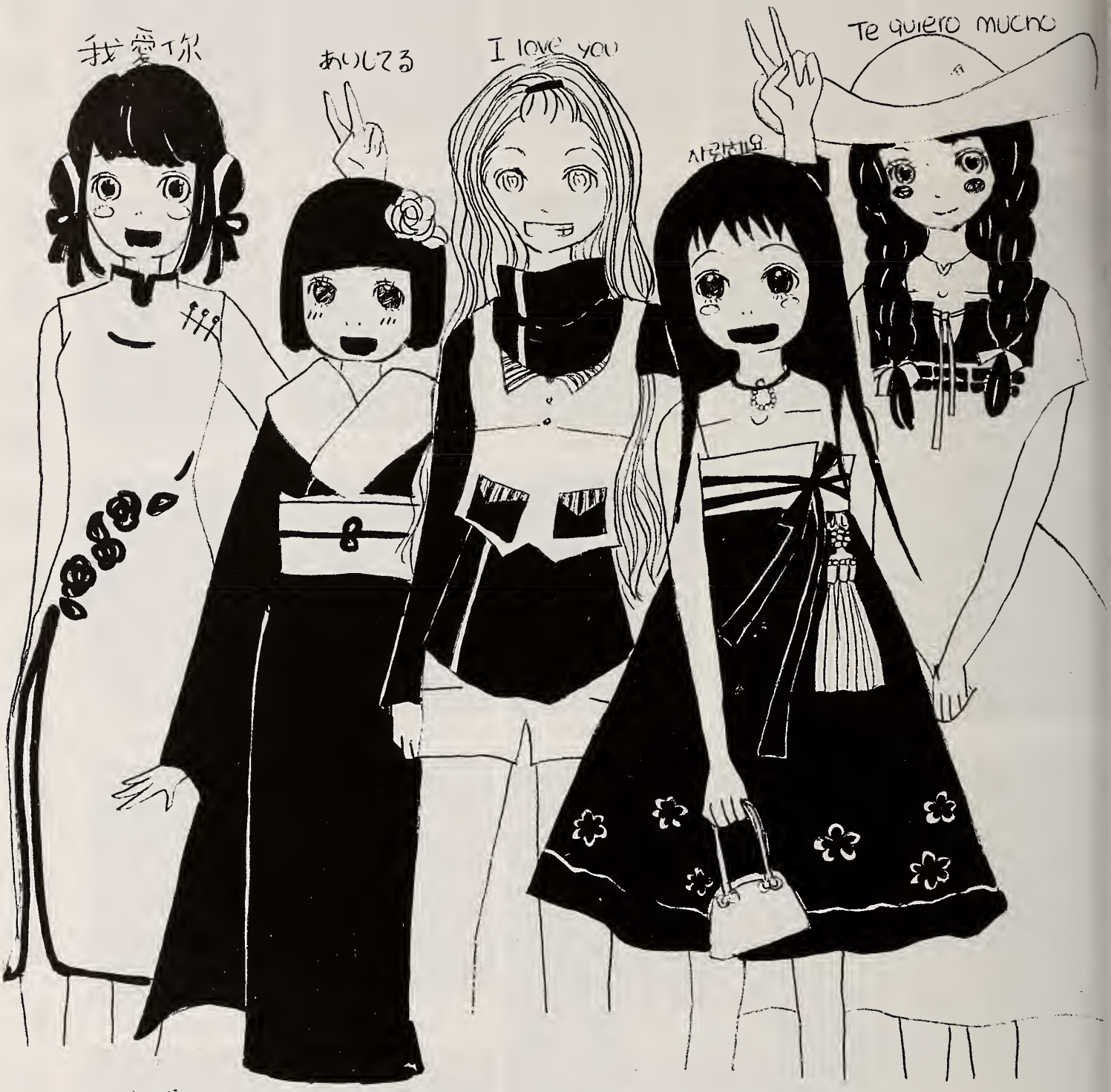
Sinthuja Navaretnam

Sarah Scott

Vanessa Singh

Kelcey Winchar

Nan Xiao



I ♥ RESIDENCE ~

By K&S

Rez Messages

Yu-Chieh Lee
Residence Prefect

Hello everyone,
We are Laura and Tanja and we have been the Gap students for the past year.
We both decided to do a volunteer year abroad and Canada seemed to be the most interesting place to do that. Our organization, called "Gap Activity Projects", sent us to Balmoral Hall School in Winnipeg. Since our arrival we have been working in Nursery, Kindergarten, Art and Residence. We have been exposed to many different cultures and have had a huge variety of work experiences.
The Canadian people made a very friendly and helpful impression on us. We found the Winnipeg Winter quite special and challenging because we have never seen anything like this before. Nevertheless we are glad to have experienced all aspects of the Canadian life and we will take a lot of new views and stunning stories home with us.
We wish the Balmoral Hall School all the best for the future and hope the following Gap students will have a good time here.
Laura Weniger and Tanja Goldbecher

I cannot believe this year has gone so fast. Two years ago, when I still studied in Taiwan, I could never imagine that I would graduate from a Canadian high school. What a dramatic change within two years! During these two years, I've made a lot of friends and met many different people here. The experiences here in Winnipeg are really great! Thank all of you for being so wonderful and providing me the opportunity of being your Residence Prefect. Also, I would like to thank all of our staff who work so hard and offer us a wonderful and memorable year in residence.
Jessie Lee

Do you remember...

Do you remember how you felt when you first arrived? A little bit excited, a little bit scared and a little bit sad. Do you remember when you first met your roommate(s)? They probably looked more confident than you felt...were you worried about how you would fit in?

Do you remember the first time you phoned home and realized it was going to be 4 months before you would see your family again (providing you were seeing them during the December break)? Do you remember the leaves turning different colours of red and yellow and then falling to the ground, leaving bare branches swaying in the wind? Do you remember the first snowfall - how cold it felt and how wet it made your clothes and hair? What about how dark it got so early in the day? It probably felt as though the days would never end.

Do you remember how hard it was to get your homework done sometimes? You had to remind yourself to complete things. Do you remember coming back after the December break and walking back into the residence? Were you, once again, a little bit excited, a little bit scared and a little bit sad? Only this time, didn't it smell familiar – a little bit like home?

Did the year seem to really drag on at times? It was cold, so you couldn't go for a walk very far. You had closed campus during the week and had to wait for the bus to go to the mall before you could go shopping. The end of the year seemed so far away...like it would never come.

Then...all of a sudden...everything changed. Do you remember when the snow melted? It seemed to have happened so fast! Do you remember the first time you noticed the new, green leaves on the trees? Do you remember the warmth of the sun?

And now...can you remember the details of the year(s) spent at BH? Do you remember the great friends you made, the teachers and families you met, the residence staff you lived with? Do you remember the food, the TV shows, outings with rez? Do you remember June exams and starting to pack up your room? Where did the time go?

...life can move pretty fast sometimes. I hope you get the chance to stop and remember us as we will always remember you.... Miss Smith and Miss Lechman

REZZIES' ACTIVITIES!

Ceci, Sofia, Diana, Danny, Sofia MCQ, Adriana and Luci were at the farm on Halloween

Rez girls played games all together in Camp Arnes

Worked as a team and spent the whole night together in Camp Arnes.

Rez girls enjoyed the beauty of nature at Camp Arnes

All the Rezzies spent one night together and got much closer to one another

Ms. Weniger kissed a snake

Ceci, Danny, Sofia, Regina, Diana, and Lucia went skiing and had fun in the snow

Kara, Joanna, Mira and Miranda were at the mentor families dinner

Ceci, Caitlin Brock, Nellie, Adriana, and Mira had great fun at the first Rez activity

Rezzies played around with thousands of snakes at the end of the winter

Diana, Lucia, and Adriana waited for food at full Rez dinner

Rez girls took their last full Rez picture of 2008

Jihyun, Kim, Sophia, and Suji spent some time with the clowns after the circus

Everyone enjoyed dinner at Celebrations while watching the show

Showed the food they made for the picnic in Assiniboine Park on May long weekend

Lucia and Rina were afraid of snakes

Ms. Lechman, Ms. Lundy, and Ms. Bergen all loved the show at Celebrations

Ms. Weninger and Ms. Goldbeche were proud of the food they cooked for the Rez girls

Ms. Lundy made the fruit salad for the picnic and Rez girls shared all

Some girls took a nap on the lawn, enjoying the beautiful weather at Assiniboine Park

Rez girls were hyper at the picnic because they ate so much food at once

Rez girls really enjoyed all the food at the picnic

Multicultural

The Gap students from Germany presented a slideshow

The Indian girls taught everyone about Bhangra

Annie Yagi represented Japan

The Korean girls showcased their cultural talent

The Jewish group rocked the show in blue

The girls from Hong Kong and Taiwan displayed their colorful culture

The Mexicans posed after a successful dance

Mira Fister-Tadic, Jessie Drews, Miranda Thorne, and Kara Langley

This year's multicultural assembly was nothing short of spectacular. All of the girls worked so hard on their performances, spending weeks practicing. Not only did everyone work so hard but they had such a great time making these presentations. To see everyone coming together and working on a project that brings such pride to these diverse girls was breath taking to watch. There were performances from day students and residence students who did exceptional jobs on their performances as well! Everyone from China, Taiwan, Korea, Japan, Mexico, Germany, India, Israel and Canada worked hard and I thank everyone for putting such dedication into their performances. Everyone loved watching and learning about the backgrounds of some of our BH sisters. Being my first multicultural assembly ever, this was amazingly done and I am looking forward to next year and seeing what the girls can come up with! Thank you everyone! Love, Jessie Drews

India
Bhangra is an upbeat form of dancing that originated from Punjab in India.

Japan
Annie Yagi and friends represented Japan by singing a Japanese song.

Korea
The Korean girls danced to two famous songs of Korea.

Israel
Since biblical times, the Jewish people have expressed joy through dance.

China
This silk fan dance is one of the many forms of entertainment.

Mexico
The Mexicans prepared a dance to popular Spanish songs.

Assembly

Fun in Rez

vote 4

By: Audrey

Love Junior School

Playing!

Caring

love!

have fun!

Always Smiling!

Smile!

Making new friends!

respecting other's!

including everyone!

Sharing...

tolerant!

♥LOVE TODAY

Mrs Machet

Assemblies

Grade One "Cheerleaders" sang "We've Got Attitude!" at their November Assembly

The Grade 5s presented the Green Survey Results

JK Machel did a presentation on the sun after their solar system unit

The drama club performed a play for a Junior School assembly

The audience listened intently to the results of the Green Survey

Grade 2s performed an adaptation of the book Goose Girl

JK Burston presented the phases of the moon

Grade 1s presented "Senses" at their April Assembly

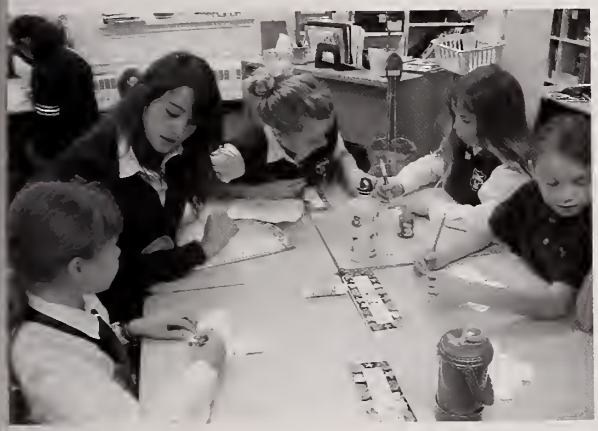
Grade 4 Assembly on Rocks and Minerals

Special Events

JS students took dance seriously with Ms. Dow

Chelsea Venevongsa and Bethany Shtykalo

Junior School participated in a world record walk



Grade 10s worked with grade 4s studying the migration of the monarch butterfly

Julia Ryan and Eilishrose Hazlitt put a lot of love into their Mother's Day gifts

Kendra Hamin, Logan Chubaty-Boychuk, Bethany Shtykalo and Kaylyn Zacharkiw researched the culture of being in a Ukrainian family in the "We Are Family" unit inquiry

Ms. Akerstream and Ms. Bocek's grade 5 classes studied Notable Women

Mrs. Bowles had a tea party with students

Mrs. Steek handed over Principal for the Day duties to Samuel and Lia Loewen

Family Lunches

Alexandra Davis, Grace Lynch and their moms enjoyed the delicious lunch

Grade 1s signed the song" Love In Any Language"

Left: Logan Chubaty-Boychuk and her mom enjoyed each other's company during the lunch

Right: Caelan Nowicki and her dad

Tommy and Victoria Stefanson sat with their mom during their family lunch

Oksana and Tamara Chaput sat with their grand father and enjoyed their creamsicles

Grandparent's Day

Madison Lacombe and her class danced for the grandparents

The grandparents enjoyed the performances and snacks

Miranda Baran, Chloe Balog, and Alexandra Enns sang a song at the lunch

Sara Ali and her dad and brother worked together on a worksheet

Alexandra Davis colored her art work as her grandparents watched

Shelby Sytnyk did some school work with her grandmother by her side

Junior Kindergarten, Kindergarten, Grade 1s and Grade 3s performed at the lunch for the grandparents

Love your Buddy

In September, students created leaves that told what art meant to them

In February, everyone put their heart into sending Valentines to the troops to let them know they are loved and appreciated for their efforts

Sumayah Aldabbagh and her buddy Saira Abdulrehman
In Spring, Paige Chadsey and Celine Richardson made Sun Safe bracelets for other schools

After a series of Green School Surveys and buddy activities, the whole school celebrated with a picnic and prepared seedlings for planting

Love to Explore

The Grade 1s went to Fort Whyte

The Kindergarten class visited our very own student store

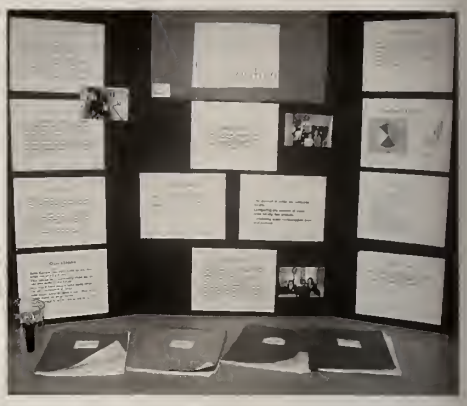
Grade 2s took part in activities at the Fort Whyte Centre

Left: Kate Hakanson and Mikayla McLead at Fort Whyte

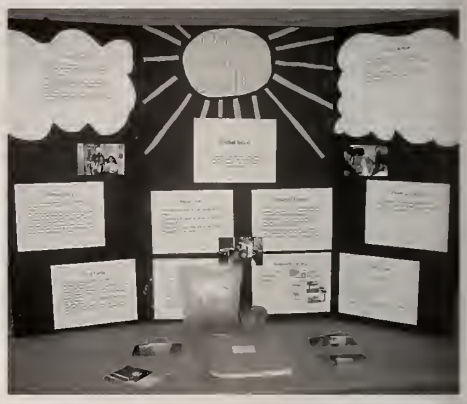
Right: The grade 2s took a break after their walk to The Forks

The girls all enjoyed various displays and activities at Fort Whyte

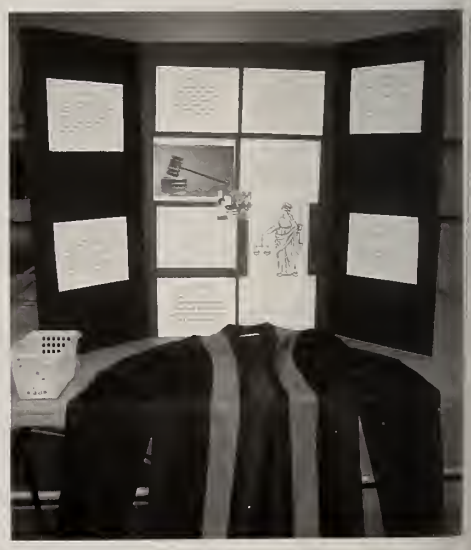
PYP



Water Consumption by Victoria Davidson, Clarice Nguyen Hua, Alexis Ogaranko, and Breann Patterson



Clean Water Solutions by Nicola DePape, Laura Ferch, and Emma Haleman



Water Laws by Leah Bernhardt, Jessie McTaggart, Bailey Robinson, and Kathryne Raller

The Exhibition is a culminating event in the Primary Years Program of the International Baccalaureate. This year their topic of study was called "Water for All", an investigation of water as a finite resource essential to human life. The kick-off involved having the tap water from each student's home tested before her eyes by Peter Field and Austin Harvey of Culligan Water. Then groups began primary and secondary research on drinking water standards, water consumption, laws that protect water, threats to our water and global solutions to conserve and create sources of drinking water for all.

The Unit of Inquiry closed with a forty-minute presentation in the theatre to parents and family, as well as presentation board displays in the Richardson Hall Athletic Centre.

The Grade 5 students learned from each group and have put their learnings into action. From filling water bottles in the toilet tanks of some bathrooms to reducing the water in each flush, to having a fundraiser for a well in Africa that has tripled its 40-dollar target. The Grade 5 students are prepared to be strong advocates for water in the future.

By: Krista Akerstream and Cyndee Bacek (Grade 5 Teachers)

Mufti Days

Simran Roopra and Lea Chowdhury

Sumayah Aldabbagh and Jessica Sui

Annick Beauchesne made a good ghost

The JK "spidermans" showed each other some love

Victoria Stefanson and Kathryn Lyon cuddled their animals

Gina Plett showed off her smile in a fairy costume

Guests

Victoria Davidson, Nicola DePape and their class had a visit from a fire fighter

Chelsea Venevongsa Jessica Sui & Bin Dong celebrated the Chinese New Year with the grade 1 class

Kate Hokanson & mom Shannon during parents reading week

Emma Machado's dad came to help with class activities

Koskie family from deaf community demonstrated sign language

Choir

Junior School Choirs

The Junior School Grades 1 to 3 and 4 to 5 choirs had a successful year performing at the Remembrance Day and Alumnae Assemblies. They also thrilled parents and family with their Holiday Concert presentation entitled, "Holiday Cookies, Holiday Memories." The choirs both performed at the Winnipeg Music Festival in March and received a Silver Plus rating. Grandparents Day showcased three songs from each choir including part singing, chimes, recorders and Orff instruments. Both choirs sang for the Junior School Closing Ceremonies in honour of the grade five graduates.

Bell Choir

The Grade 5 Bell Choir meets as an extra curricular club all year long. The girls have worked hard this year performing two songs and a Bell Processional at the Holiday Concert and playing a fanfare for the closing ceremonies.

We Love Sports

Lia Laewen, Claire Meier, and Anika Maran

Grade 5s had gym class

Katelyn Battad, Kristin Smith, and Madison Lacambe

Grade 5s ware their hause calaurs

Grade 5 referees and leaders

Chlae Balag, Kim Hurst Dakata Cull, Audrey Bicknell and Paris Musaphir participated in the Knights of Calumbus Track and Field meet

Oksana Chaput

Juliana West

Paris Musaphir

Track Day K–3

Marie Silhova

Katherine Burley

Claudia Venevongsa

Kate Hokanson, Paris Musaphir, and Emma Harms

Gillian Chiu

Miranda and Hannah Baran

Honor Hinchey

Grade 1s and Simran Roopra in Grade 5

Grade 5 Celebration

Annick Beauchesne and Emma Holeman show off their dresses

Kirsten Rogers, Bailey Robinson, Cassidy Maidment, Aurora Robert sat together

Dasha Silhova and her family celebrated her advancement to Middle School

Good Luck to all the grade 5s entering their Middle School years, we are sure you will have many amazing experiences!

Love the Library

Nancy Russel, author of "Rink of Dreams"

Internationally acclaimed MB author, Carol Matas, visited her cousin Miranda Baran and her grade 5 class to disscuss her book "Footprints in the Snow"

Internationally acclaimed author/illustrator, Mary Louise Gay

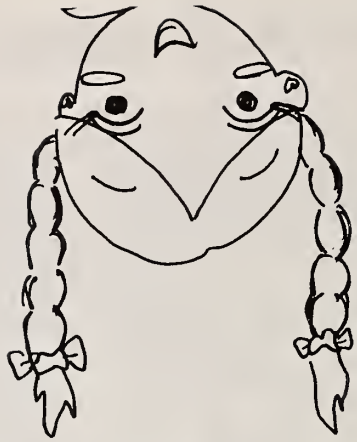
Hannah Darrach Cottick and Alyssa Ambrosie tried out the new library chairs

Jenna Baraschuk, library technician, created many wonderful display windows for the library

Grade 10s worked on many group projects

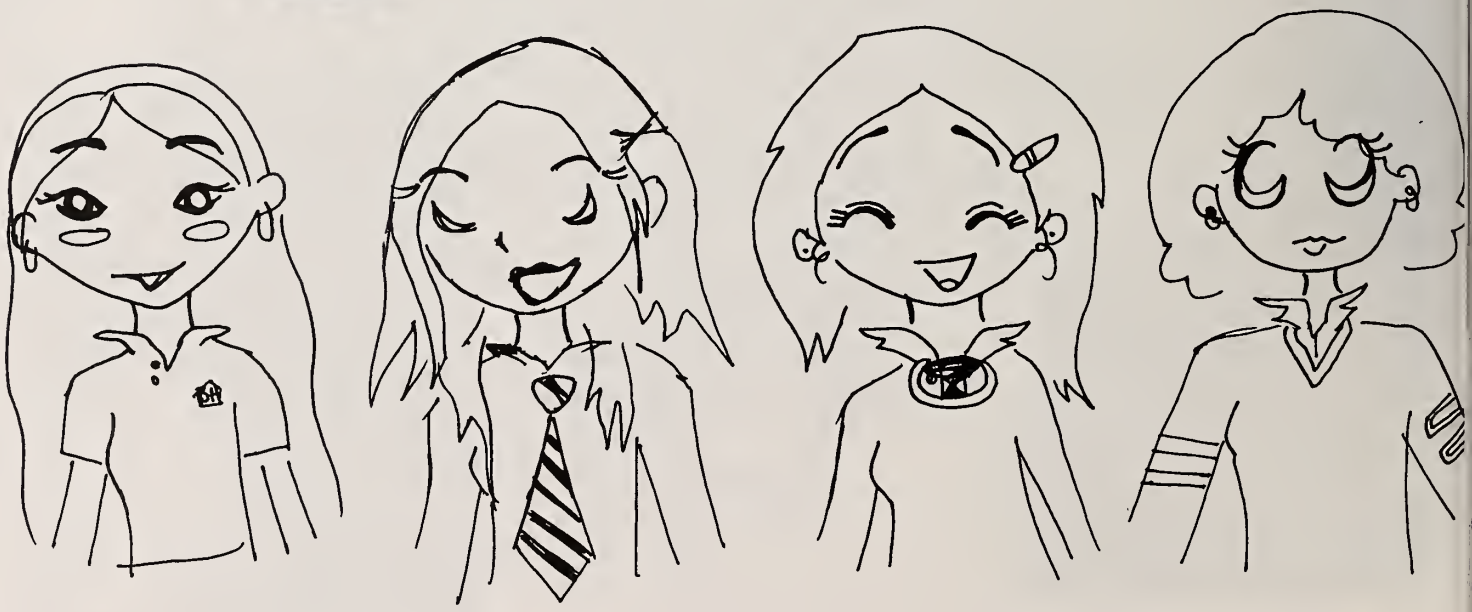
Sammie read to Makada at the Book Fair

Lia and Sam checked out the Book Fair



LOVE

MIDDLE & Senior SCHOOL



Love Your School

Bridgette Bicknell
Middle School Head Girl

To all the girls of Middle School,
This year has gone by so fast. It seems like just yesterday we were making posters to become your 2008 prefects. This year the theme was "Love Today". We hope that everyone took time to love the days spent in middle school. We want to thank the middle school council, senior school prefects, Ms. Smith, Mrs. Green, the middle school staff and of course all of you - the students for making this year such as successful one. Some of the most memorable moments of the year were the middle school dance: Winter Wonderland, bringing back Spirit Week, all of the fun inter-house activities and everything else that made this year so much fun. We hope that the prefects of next year will have as much fun as we did in our positions. Thank you all for being a part of the activities, events and moments that made up this year.
Don't forget to Love Today!

Suji Kang
Middle School Captain

Assemblies

Students from K-S-Cho Taekwondo College jumped over Ms. Kowal and Mr. Johnson

Prefects placed the Hogwart's hat on Mr. Kerr to find out which House he was in

Madelaine Baigrie won a Nintendo Wiii in the draw for the QSP magazine fundraiser

Grade one, two and three choir sang a song at the Rememberance Day Assembly

Caitlin MacDonald and the SWAT team after a presentation on smoking and tobacco

Orphanage Outreach

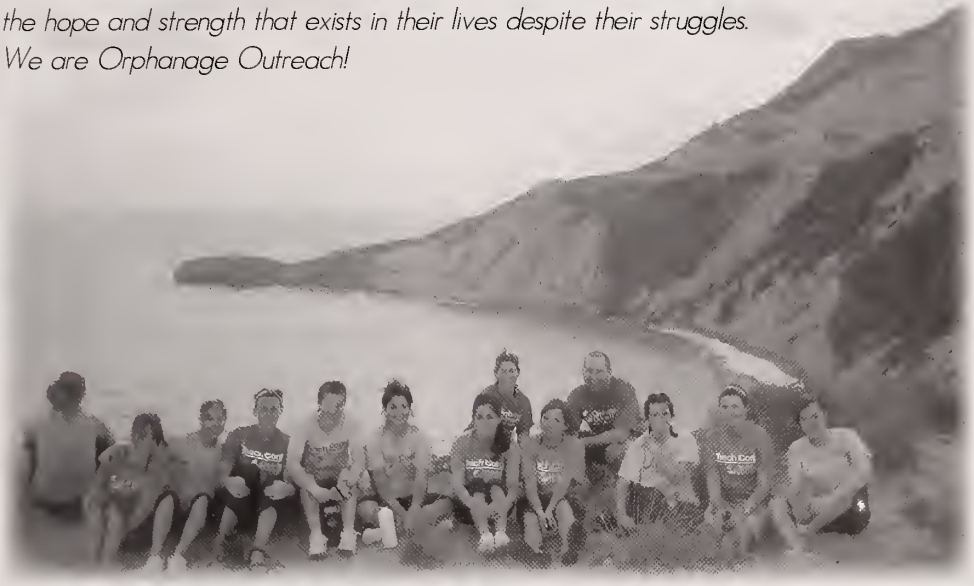
Participants:
Sydney Bicknell
Charlie Gray
Alexa Salaman
Jessie Margalis
Julie Yan
Stephanie Lawson
Holly Penman
Rachel Salaman
Jenna Brown
Robyn Zajac

Staff: Jennifer Kirk and John Kerr

On May 13th, ten BH students led by Kirky and Kerr embarked on the journey of a lifetime. We spent seven days with a miraculous group of kids in the Dominican Republic at Hope of a Child Orphanage. We took part in programming, teaching English, work projects around the Orphanage and quality time with the children ages 2-19.

In addition to time spent with the kids, we were fortunate enough to experience some of the Dominican culture. As a group, we hiked El Morro, traveled to the Haitian border (Dajabón), and toured the neighborhoods of Monte Cristi. This opportunity provided strong insight to life in a developing country. The people of Monte Cristi have shown us the hope and strength that exists in their lives despite their struggles.

We are Orphanage Outreach!



The translation of a speech made by Christopher, one of the boys at the orphanage.

Dear Friends,

Please listen to me. Thank you for coming to share with all of us. We are very happy to know you. You are all very friendly. Many thanks for coming to the Dominican Republic. We hope that you will return, God willing. You are welcome in our home. Remember that we are your friends. I'm sorry that I did not make a letter for each one of you but it's just because I'm a curious guy who likes to play basketball. This is all. Thank you very much. We wish you all a happy trip and good luck to everyone. May God bless you.

MS Performing Arts to Grand Forks

This year, the middle school tour choir was fortunate enough to get to go on a trip to Grand Forks to perform. Our adventure started off on a Sunday afternoon when a whole bunch of excited students and staff were loaded onto a bus and drove down to the Canad Inns hotel. The next day, we performed at the Grand Forks Middle School for some students. What was very interesting about this performance was that first we sang and danced for them and then we got the chance to listen to them sing for us! I think everyone enjoyed sharing songs as this was a great learning experience for us. Later on that day, we shopped a lot! That night, we had the opportunity to perform at a seniors' residence in Grand Forks. During our trip, we had the opportunity to go to the University of North Dakota where we sang in front of a professor. After singing in front of him, he gave us some very important constructive criticism on our performance. Using the professor's suggestions, Mr. Quinn helped us sing our last two performances! On behalf of the whole Middle School Tour-Choir we would like to thank everyone who made the trip the best that it could have been. Mr. Quinn, Mr. Bud, Ms. Dow, Ms. Cooper, Ms. McElrea and Ms. Smith; we couldn't have done it without you! By Ashley Buckle

Duke of Edinburgh

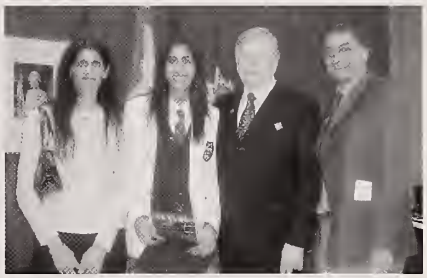
Gold Certificate recipients. Jenna Brown, Krupa Katecha and Shanleigh Thomson were presented their Awards by His Royal Highness, the Prince Edward Earl of Wessex

On November 1, five Balmoral Hall School students attended the Duke of Edinburgh's Silver Award Ceremony and Gold Pin Ceremony at Government House. The Duke of Edinburgh's Award is an exciting self-development program available to all young people, equipping them with life skills to make a difference to themselves, their communities and their country. There are currently over 30,000 young Canadians between the ages of 14 - 25 participating in the Award.

Congratulations to the following BH Award recipients!

The awards were presented by His Honour the Honorable John Harvard, P.C.,O.M., Lieutenant Governor of Manitoba and Her Honour Lenore Bercheid.

Silver Award: Silver Certificate and Pin Ceremony
Jessica Goldberg, Grade 11
Krupa Kotecha, Grade 12
Shanleigh Thomson, Grade 12
Olivia Zaporzan, Grade 12
Gold Award: Gold Pin Ceremony
Jenna Brown, Grade 12
Krupa Kotecha, Grade 12
Shanleigh Thomson, Grade 12



Historical Society

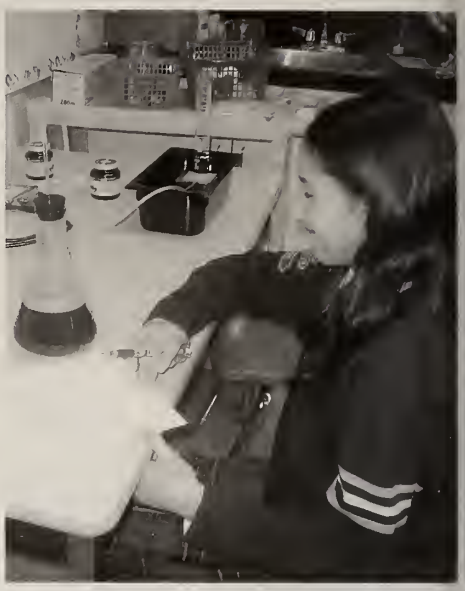
The Manitoba Historical Society presented a number of awards to high school students at a reception held in the historic Dalnavert Museum and Visitor Centre on October 28. Olivia Zaporzan, Natasha Zloty and Krupa Kotecha represented Balmoral Hall. Natasha Zloty tied for 3rd place and Olivia Zaporzan tied for 2nd in the Research Papers category while Krupa Kotecha was awarded with 1st place in the Historical Fiction category and was the recipient of a special award based on her placing. The presentations were made by distinguished Manitoba Historical Society members, including Ms. Judith Hudson Beattie, Chair of the Young Historians Committee and Dr. T. K. Thorlakson, also of the Young Historians Committee.

After the presentations, the guests enjoyed refreshments and tours of the adjoining Dalnavert House, the former home of Sir Hugh John Macdonald, son of Canada's earliest Prime Minister, Sir John A. MacDonald. Balmoral Hall will surely be well represented at the Manitoba Historical Society Young Historians Awards receptions in the coming years as we wish all future applicants the best. By Natasha Zloty

Love to Experiment

A poster board is shown here presented by Sarah Sytnyk and Alexandra Wade

Kathleen Kopp and Loune Blom found the food experiment "interesting"



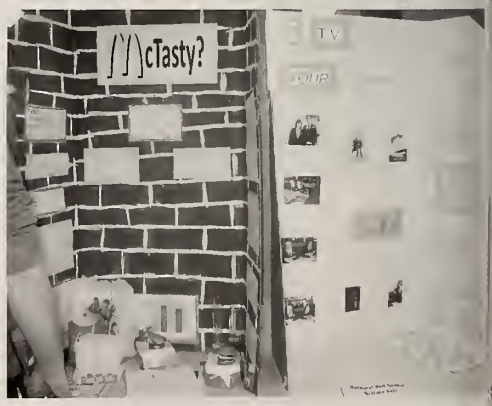
Ella Thomson took care performing her science project

Mr. Johnson helped judge the Science Fair projects

In the second term of this yeor, all of Balmoral Hall's grade seven students participated in the Science Fair. As either teams or individuals, the girls had the oppartunity to select a tapic af interest ta them, ond then had ta reseorch and experiment using the scientific method. They alsa created backbaards and wrate discussian papers, further demanstroting their knowledge on their chosen topic. Judges were invited to review the prajects and affer suggestians and feedback. Faur projects were selected to represent Balmoral Hall at the Manitoba Schools Science Symposium (MSSS) held at the University of Winnipeg. Over twa days Madeline Metcalfe, Eleanor Fascione, Ella Thomson, Marissa Woods and Nika Korpesho hod their projects judged by bath medol and special awards judges. It was a successful weekend as all of the girls came back with medals and awards. The Science Fair was a wonderful and educatianal experience far all af the students in grade seven! By Ella Thomson

Judges carefully examined each projects

Kennedy Maidment and Natasha Comeau tested their projects

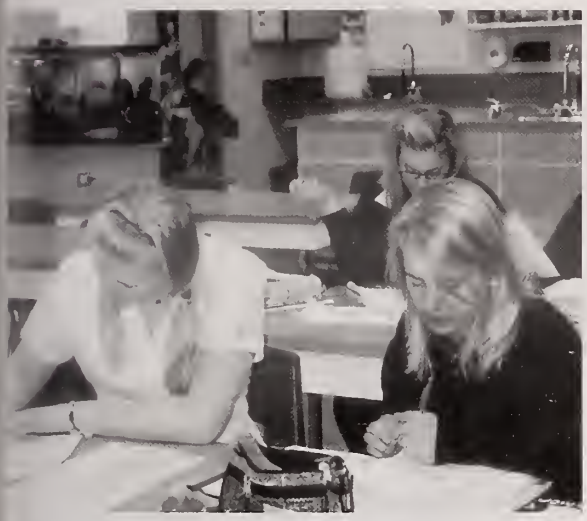


"McTasty?" was the name of just one of the many grade 7 projects

Love the Sciences

Angela Reimer and Talia Glodjo put a lot of effot into their AP Chem lab

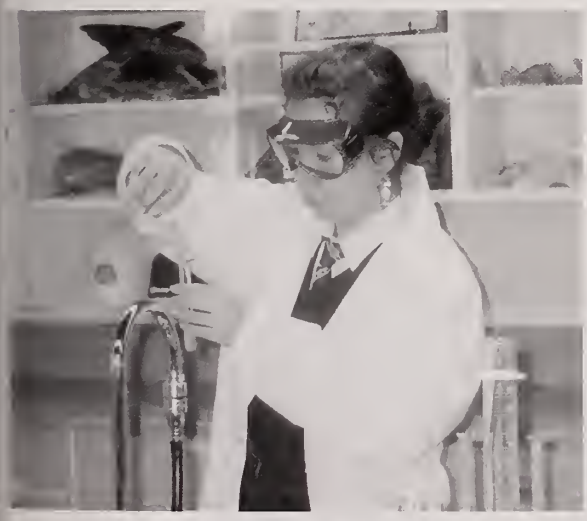
Christie Branton is subjected to the vacuum suction experiment in Chemistry



Bailey Bram and Stephanie Lawson in the Grade 12 Biology class worked on a project together

Marianne Wei and Gloria Kwok performed a fetal pig disection in AP Biology

Vanessa Comeau, and Christa Lee performed a fetal pig disection in AP Biology



Jessica Goldberg perfected her pouring skills in her AP Chem lab

Grade 9s tried to determine the unidentified crystals

The MAPLE Experience

Rina Saitoh

MAPLE students met their grade 3 buddies afer having corresponded with them before arriving. During their stay here, together they shared experiences while doing language activities and arts and crafts.
Here are some thoughts from the grade 3 students:

We have learnt lots of things from our buddies. They told us about what jobs and houses and schools are like in Japan. We learnt some Japanese words and they learnt some English words.

They found out about some of our traditions, like Victoria Day, by living them.

They are very artistic and can draw and write beautifully.

When we read books together, they might be learning English as they look at the words, so we think they are learning a bit. They are learning the written and spoken language when they spend time with us.

They are warm and giving and funny and treat us like family members. We now know what families are like in Japan.

Both groups, the Maple girls and the grade threes, experienced different cultures and lifestyles by interacting.

Chihiro Oshida

Alexa Solomon and Rina Saitoh

Chihiro Oshida, Sayo Yamada and Mai Mizoguchi

Hanaka Yamamata and Ami Yamada

Hitami Ishino and Chihira Oshida

Yayai Tsuchiya and Rina Saitah

Ami Yamada and Hanaka Yamamata

Hitomi Ishino
Mai Mizoguchi
Madoka Negishi
Chihiro Oshida
Rina Saitoh

Yayoi Tsuchiya
Ami Yamada
Sayo Yamada
Hanako Yamamoto
Maya Yoshino

Out ta dinner with the residence girls

Yayai Tsuchiya with grade 3 buddies Jenny Sikora and Taylar Maidment

Hitami Ishina with buddies Alex Blake and Anais Casselman Green

Relaxing in Rez

Madoka Negishi and Naia Dias-Gwyn

Mentor

Kyleigh Palmer and Sarah Zacharias interacted with their buddies

Kelcey Winchar and her buddy concentrated on their task at hand

Michaela Vickar, Lindsay Speirs, Rachel Bernhardt, Kristi-Lyn Pollock and Kristin Smith

Stacie Kashuba and Ella Steele had fun working together on their leaves

The "What Art Is..." tree proudly stood in the atrium

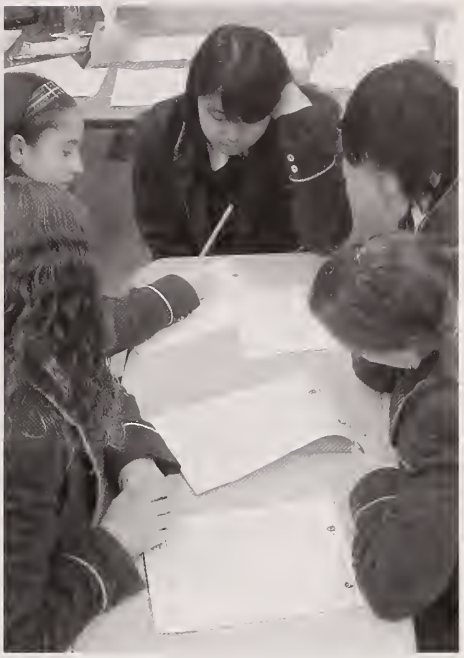
Lindsay Speirs and Michaela Vickar enjoyed each other during the activites

Madeline Metcalfe, Ericka Rankin-Friesen and Erica Siddall worked hard on their drawings for Habitat for Humanity

Morgan Rathwell, Drew Evenson and Kelcey Winchar participated in the fall activity

Buddies

BH girls sent their love and support to the Canadian Troops for Valentine's Day



Grade 11s and their grade 7 buddies discussed green ideas for the school

Erica Scharfstein and Madison Lacombe worked together on their leaves of things they loved

Kelsey Watchman and her grade 6 buddies enjoyed lunch outside at our Green School audit celebration

Kote Hokanson and Jenny Chan put their hearts into the flowers for the troops on Valentine's Day

The BH buddies put up a styrofoam home together for a Habitat for Humanity presentation

Christa Lee, Kathleen Kopp, Erika Ilse and Gloria Kwok spent time together at a Buddies Assembly

Amore!

Itoly girls loughed their woy through the streets of Seino with wollets in hond

Seven hours in the Toronto airport and an eight hour overnight flight later, eighteen bambinas and two chaperones set off on an Italian adventure they would never forget. Our first stop was Roma and as they say, "When in Rome, do as the Romans do". In honor of this saying, we visited the Colosseum, the Sistine Chapel, and the Vatican where we had the opportunity to hear the Pope speak on Easter morning. Along with enjoying the sights, we had our first taste of Italian cuisine; pasta and pizza will never taste the same. The twenty of us had a day trip to Pompeii where we learnt more about the city's history by touring the ancient ruins. Arrivederci Roma, our next stop was the Tuscan countryside with narrow "two way" winding roads through the valleys and up the hills. A bus ride away was Pisa where we spent the day taking touristy pictures with the tower and bargaining at local stands. The next morning we left breath-taking vineyards and peaceful cities to enjoy a quick stop in Siena. Hundreds of euros later the twenty of us got back on the bus and continued on to Florence. Our first night in Florence, our lovely chaperones were kind enough to take their girls out to a disco to dance the night away...until midnight. The rest of our time in Florence was spent sight seeing monuments such as the David, and various chapels and museums where we were able to appreciate the acclaimed art of Botticelli, Michelangelo and other famous artists. Saying goodbye to this big city, we reached the final stop on our adventure, Venice. Here we enjoyed tours of churches, gondola rides, and of course, the shopping. Our trip came and went in the blink of an eye. A four a.m. boat ride, and three flight transfers later, eighteen bambinas and two chaperones were back home and definitely left their hearts in Italy.

Lovely Ms. Sheps enjoyed o reloxing ride through Venice

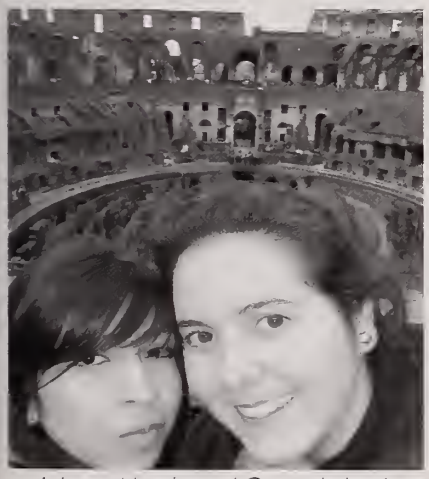
Group smiled for o picture oll together in Florence

Grade 11s made a wish at the Trevy Fountain

Mirando and Kelsey were serenaded in a gondola in Venice

Shawna Olson, Caitlin Brock, Adriana Morales and Rachel Solomon posed for a quick photo in Pompeii

08 and felt great in St. Marco's Square in Venice



Adriana Morales and Ceci smiled in the Colosseum in Rome

Mira fed the pigeons in Venice

Outside the Vatican in Rome Christie and Angie looked fabulous

Heritage Fair

The grade 6 students created great projects

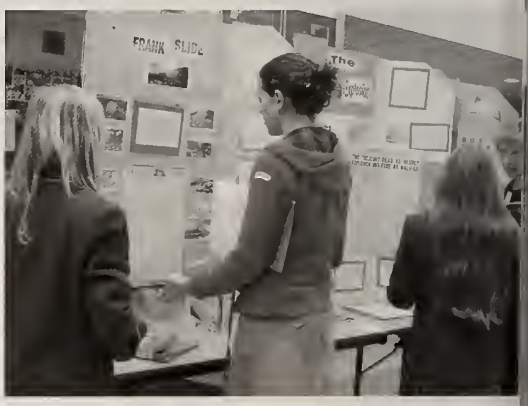
Alex Banfield created a project an Louis Riel

Writing about something, whether it be a person, a natural disaster or a newspaper article, is sometimes considered a short paper to be handed in the next day, but the grade sixes now realize that it has a structure, a method and needs a great deal of time! We all took part in a Heritage Fair on Wednesday, April 16th, and we now know that it takes time and focus to prepare it! For this project, we had to pick a topic which was a part of Canadian heritage. We started by picking an essential question, a question that would basically guide us through our research, and which we would have to answer near the end of our projects. We had a grade trip to the Millennium Library where we did research. After we collected resources of information, we had to come up with four to five subtopics which would organize our work into different sections. We also learned how to put together a "works cited" list.

Backboards and the oral speeches came next. For our speeches, we talked about our displays, essential questions, and all the steps to our research, including the written project.

The actual night of the Balmoral Hall Heritage Fair was great. 10 people went on to the next level hosted at the University of Winnipeg. Even though only ten people out of the whole grade got to the provincial fair, everyone one did a truly amazing job, and learned that writing about something is definitely not one short paper! Cady Jessiman and Alanna Flom each received an award from the Manitoba Historical Society and Alanna received a second award from the St. Boniface Museum.

By: Josie Gardner



Ms. Kawal judged the projects

Hayley Stacey, Alida Hughes and Brianna Turner presented their projects on the RCMP, Armstrong and Terry Fax

Nadia presented her heritage fair project

Renaissance Festival

Kaitlin Robinson, Simran Singh, Ashley Buckle, Noelle Verry and Hailey Hooke did lots of shopping

Bridget Bicknell blown away at the science museum

Hailey Hooke, Kaitlin Robinson, Suji Kang, Ashley Buckle, Hannah Scott, CC Wannan and Alex DePape at the sculpture garden

Girls played chess at the Festival

On September 27th, Grade 8s left for the Renaissance Festival in Minneapolis. There were tons of exciting things to see and do there such as juggling, watching stage shows, or making your own hand out of wax. Amidst the fun, we filled out questions about the festival. There were many different food stops. You could indulge in great food such as fried potatoes, hashbrowns, homemade pizza, or huge turkey drumsticks. You could buy garden sculptures, small wax dragons and embroidery crafts. We also went to the Minneapolis Sculpture Garden. There, many sculptures were on display, including the Spoonbridge and Cherry by Claes Oldenburg. Another place we visited was the Minneapolis Institute of the Arts. We saw different works of art from the Egyptians, Greeks and Romas including vases and many paintings. We also stopped at the Mall of America for a few hours. It was a very fun trip and I'm sure everyone would go back if they had the chance.

By Demara Davidson

Leanne King and Hannah Scott sat together on the bus

Katrina Barkwell, Ericka Müller Moran, Noelle Verry, and Stephanie Enns on the bus

Grade 8s at the Spoonbridge and Cherry

Pottery at the Festival

They shopped 'till they dropped

Jester at the Festival

The Yahoo Carnival

Grade 10 girls enjoyed an assortment of tasty treats!

Ashley Buckle and Ericka Muller Moron scooped gelati

Breonn & Cassandra Patterson waited in line for the Bag Bar

Avery Fletcher got her prize at the Bag Bar

There was so much food to choose from at the barbeque!

Adriana Morales and Caitlin Brock enjoyed the fun blow up slide

Roxanne Ilagan dished out the corn

Lily Brandes loved her prize

Bobbing for apples was a favourite activity

Mrs. Green took the plunge

Miro Fister-Todic worked with Nora Fien to serve snow cones

Volunteers did an excellent job with the Bog Bar

Kids were full of curiosity towards the horses

Alex Martin, Keely Jones, and Madison Stewart lounged on the lawn

The grounds of BH were turned into a Carnival on the evening of September 11th when the BH Parent Association hosted the annual Yahoo Carnival. It was a terrific evening for families to reconnect with the school, eat great food and play fun games.

Camp Arnes

Grade 6 students oll left for Comp Arnes on September 19th in the morning ond took on hour bus ride just post Gimli. The events that they did consisted of fire and bonnock moking shelter building ond o series of fun gomes colled Extrovoganzo. After oll the fun ond gomes, they went on o hoy ride in the dork ond visited the noture shock. The octivies the next morning included high ropes, rock climbing, orchery, onother Extrovogonzo, lots of swimming ond tons of donce porties. They will now hove memories with them ond shore all of the fun times they hod for yeors to come!

By: Josie Gordner

Grade 6s had fun cantributing ta the "Extravaganza" games at the end af the day

Alida Hughes and Brianna Turner had a blast playing in the "Extravaganza" games

Eva Dawney skatebaarded her way acrass the floar during the "Extravaganza" activities

Claire Hughes held a snake

Alida Hughes, Jasie Gardner and Brianna Turner raasted bannack aver the fire

Grade six students participated in the high rapes activities

Alexandra Banfield shawed aff her archery skills

Jacelyn Feltham, Meighan Ambrasie, Kaitlyn McIntash and Claire Hughes enjayed nature

Yurt Camp

The grade seven girls posed for a picture before they said their goodbyes to Yurt Camp

Upon our arrival we were shown to our sleeping arrangements, and were ushered into the main Yurt for a filling and delicious breakfast. We went hiking, canoeing, mountain biking and rock climbing. Following our final meal of the day we all got together for a game of predator and prey. We all sat around the campfire afterwards, which was a wonderful end to a fun filled day. Yurt camp was an amazing experience and helped us to bond with both the new and returning students. We got through it all and were taught the true meaning of roughing it!

By: Ella Thomson and Jaclyn Flom

The girls struggled to get through the rope ladder

Kennedy Maidment and Zoe Goldman in front of the tipi

Hannah McKenna and Ella Thomson

Laune Blom and Ella Steele enjoyed the outdoors

Madeline Lischka, Bryanna Sherbo, Hannah McKenna and Janelle Hill built a fire

St. Paul's Walk

Girls battled it out on the bounce

A few grade 12s soaked up the sun after a long walk

Colleen Furlan, Katie Eva, and Kelsey Lacombe posed while on the walk

Grade 10s lined up to participate in some of the activities held on the walk

The St. Paul's walk is an annual fundraiser put on by St. Paul's. They invite both Balmoral Hall and St. Mary's to participate. All of the money we raised from this goes towards the Guardian Angel Foundation. The day was spent walking from St. Paul's through Assiniboine Park and back to St. Paul's. Along the walk, there were also fun activities set up along the way for everyone to get involved. The day was tons of fun! As well as meeting new people, we had the opportunity to enjoy a few performances put on by students and enjoy some lovely weather.
By Caitlin Brock

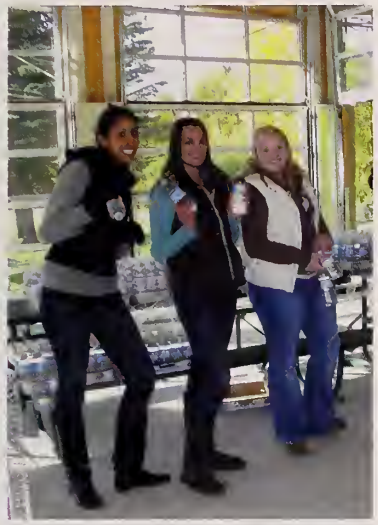
Olivia Zaparzan, Robyn Zajac, and Caitlin Brock scoped out the cute boys

Chelsea Chimilar and Ashley Fredette challenged the St. Paul's boys to a game of foosball

Gloria Kwok and Marianne Wei mingled with a few new people

Balmoral Hall staff looked on in their cool shade

St. Paul's Walk



A few grade 12 prefects help by handing out water

Erika Thunder, Tatiana Rafter and Michelle Rebeck

St Paul's boys showcased their pipes

BH girls let their inner child out to bounce

Daniela Gutierrez and Safia Martin del Campa

A few rez girls awaited their lunches

Spirit Week

Day 1 - House Colour Day / Interhouse

Girls had fun gathering their shoes

Miss McElrea tried to make Ashley and Brittany laugh

Jenna Brown enjoyed organizing interhouse

Day 2- Crazy Tie Day / Iron Chef BH

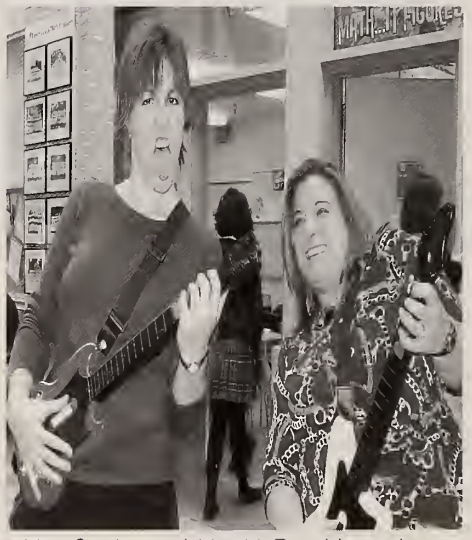
Carlee Wilson and Madison Stewart before creating their masterpiece

Girls enjoyed watching DDR

Girls enjoyed Iron Chef at lunch

Day 3- Pop Your Polo Day/DDR and Guitar Hero

Girls played it out during Guitar Hero Interhouse



Miss. Streilein and Mrs McDonald joined in on the Guitar Hero fun

Katie Eva and Madison Maidment popped their polos

Jan. 23-30th

Day 4 - Crazy Hair Day

Brittney Simmons had one of the wildest hairstyles

Day 5- Crazy Stocking Day / Iron Chef BH

Madame Goldberg one teacher with awesome stockings

Lexie Giesbrecht and Shelby Szarka showed off their amazing stockings

Girls for the Cure

Mrs. Sveinson led the school warm up

Mrs. Christie and the Heads exited the school at the start of the walk

Robyn Zajac walked with both of her buddies

Teachers enjoyed the beautiful weather at the Legislative Building

Grade 11 girls represented the Leadership class

Shelby Szarko and Stephanie Webster rocked their pink t-shirts

Mr. Kerr, Ms. Wilkes and Mme. Hafenbrak strutted their stuff during the gym warm up

Girls for the Cure

Erika Lee, Eun Jin Kwak and Gloria Kwak distributed water battles to students after the walk

Balmoral Hall School hosted the 7th annual Girls for the Cure Walk/Run in support of the fight against women's cancer. The day began with students in Middle and Senior school attending presentations by SWAT (Students Working Against Tobacco). The SWAT team showed students which chemicals make up cigarettes, compared smokers lungs to non-smokers lungs, and got students to participate in activities. The presentations provided eye-opening information to our students. In the afternoon, students warmed up in the gym. They then exited the school through a paddle arch provided by the dragon boat team Chemo Savvy. From BH, they made their way to the Forks, stopping on the way back at the Legislative grounds for cookies, entertainment and a cheque presentation to CancerCare Manitoba. Before students returned to BH, they were all generously provided with a "hope bear" by Diane Frost who is a BH grandparent. Balmoral Hall was pleased to announce that we raised over $19,000 to CancerCare Manitoba.

A crowd of girls watched as Anna Yagi displayed some great dance moves

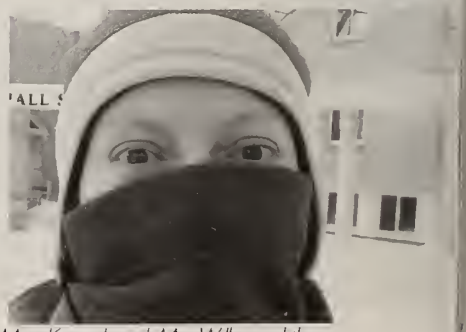
Holly Penman lent a ride to her buddy

Chelsea Illchuk held her buddy's hand while they walked down the path

Charissa MacLeod, Ariana Meyers and Gloria Kwok handed out cookies to students at the Legislative Building

Activity Day

Some Middle School girls walked to the Forks and back, then enjoyed a cup of hot chocolate while others took the babysitting course
After the walk, they played games with Mrs. Chochinov and did aerobics in the atrium



Senior School girls took a 10 km walk and ate at the Pancake House with Mrs. Friesen, Ms. Fulton, Miss Kowal and Ms. Wilkes while others attended a workshop at the Royal Winnipeg Ballet and returned for afternoon activities

Love the Outdoors

Bryanna Sherbo, Michelle Prendiville, Zoe Goldman, Kara Langley, Ali Wade, Michela Picklyk-Esposito and Emily Ferguson

Ceci Morales, Daniela Gutierrez, Sofia Martin del Campo, Regina Guzman, Diana Vera, and Lucia Berlanga

Lauren Peake, Celeste Main and Carleigh Balciunas took a break on the ski lift before hitting the slopes again

Jenna Brown, Olivia Zaporzan and Erica Scharfstein hung out with the locals

Ceci Morales and Lucia Berlanga

Victoria Schaeffer and Diandra Kennedy

Adrianna Militano, Palmer Nowak, Chloe Vickar, Paige Chadsey, and Celeste Main

Jenna Brown and Olivia Zaporzan

A group of BH students boarded the buses on January 29th to embark on another exciting and successful trip to Giants Ridge Minnesota.

There was never a dull moment on the ski trip with girls skiing and snowboarding down the slopes all day. Giants Ridge Lodge is a great hotel with fantastic rooms. The ski resort offers lessons, various skill level runs to suit all skiers/snowboarders, and a terrain park for the dare devils. To top off the trip, many girls went on a shopping trip to the local mall and Target store. Tired from two full days of skiing, the long bus ride home was quiet.

This year's ski trip was an overall success and we would like to thank the staff for supervising and allowing us to have a great time.

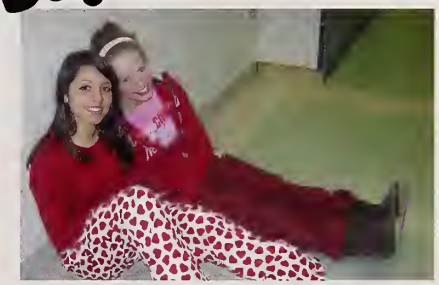
By Jenna Brown

Halloween

We Love Mufti Days

Go Boombers

Happy Valentine's Day



Halloween

Yahoo Carnival

Student Leadership Conferences

Krupa Kotecha, Shereen Samimi,and Alex Campbell posed for the camera

From September 25 -30, Krupa Kotecha, Shereen Samimi, and Alex Campbell went to London, Ontario for CSLC (Canadian Student Leadership Conference), where students from all over Canada were in attendance. During the conference, they had amazing motivational speakers explain to them about how they became leaders. They did group cheers, group dances, and bonded with complete strangers from different provinces, who turned out to be great people and good friends! CSLC was such an amazing experience. They learned so many life lessons and built friendships with people from all over Canada, but most importantly had a wonderful time!

The CSLC girls at the formal dinner

The girls posed with a local Winnipeg band to show some Manitoban spirit!

The girls jumped for joy in Killarney

In September, Robyn Zajac, Jenna Brown, Jessie Lee and Rachel Solomon were fortunate enough to travel to the small town of Killarney, Manitoba, where they were welcomed into Killarney Collegiate for the 2007 Manitoba Student Leadership Conference. The conference was such an amazing experience. What they learned will help lead their lives during their high school years, strengthen the spirit within our school and allow them to strive to be the best individuals they can be!

Robyn Zajac, Rachel Soloman, Jenna Brown and Jessie Lee enjoyed the conference in Killarney

Winter Wonderland

Loune Blom and Morgan Rathwell

Jessie Lee, Ashley Buckle and Stephanie Enns worked the door as kids entered the Winter Wonderland

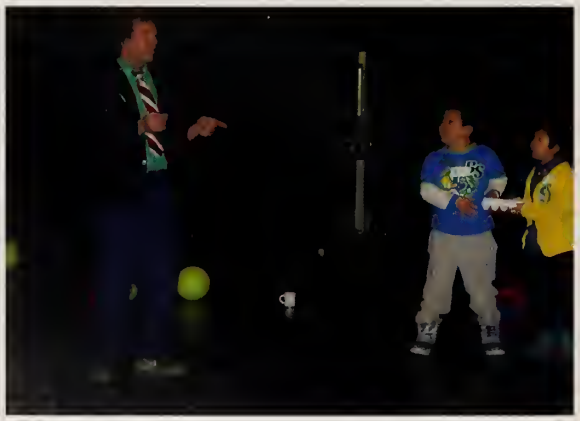
Suji Kang volunteered at the canteen selling treats and drinks to the dancers

Holiday Party

Students were able to enjoy snacks and treats throughout the morning

During the holiday season, our thoughts turned to those in the community less fortunate than ourselves. In an effort to make the time of the year special for everyone, the school's students packaged hampers and school supplies for Mulvey School, as well as the annual Day of Giving on Thursday, December 20. On the Day of Giving in Middle School, students and staff created and prepared gift bags for the 100 residents of Misericordia Place, as well as the 175 patients in the Interim Care units of Misericordia Hospital. The highlight of the day occurred in the afternoon when they all walked over to the hospital to distribute gifts, visit with the patients, and sing for them.

Students proudly displayed their artwork



The kids were surprised with a special performance

Sofia Martin del Campo joined in to help the students with their art

Day of Giving

Jessica Goldberg and Sena Lam organized shoes donated by Balmoral Hall

Girls worked at Winnipeg Harvest taping bags closed

Mr. Cook and students made cards

Middle School girls wrapped gifts for Misericordia

Rainah Uhl and friends work hard at decorating gifts

Grade 11 leadership girls, Michaela Vickar, and Diandra Kennedy took "Soles for Souls" donations to Siloam Mission.

i love the ARTS
THE WORLD IS YOUR CANVAS. MAKE IT BEAUTIFUL.
R. Ilagan '08
Roxanne Ilagan

Love the Arts!

Roxanne Ilagan
arts prefect

To the inquisitive and artistic minds of Balmoral Hall School for Girls,

I'd like to start off by saying it has been a pleasure to be your arts prefect this year. The talent that lies within your notebook corners and sketchbooks of you girls has truly been uncovered and displayed. The voices that were once only heard in showers and carpool have taken centre stage. And the dancers that used to only emerge when alone in their bedrooms, or on a slippery kitchen floor have now sachéd right into our hearts. This year was about finding something you love, and embracing it, you girls have done an amazing job. It's very hard for me to believe I'm done my days in the plaid skirt...but having a paintbrush, and a green music folder have made those days oh so much more enjoyable. Good luck to you future Arts Prefects, I hope that I've set an example to follow. Keep the arts EPIC, kids. Adieu!

Studio Art

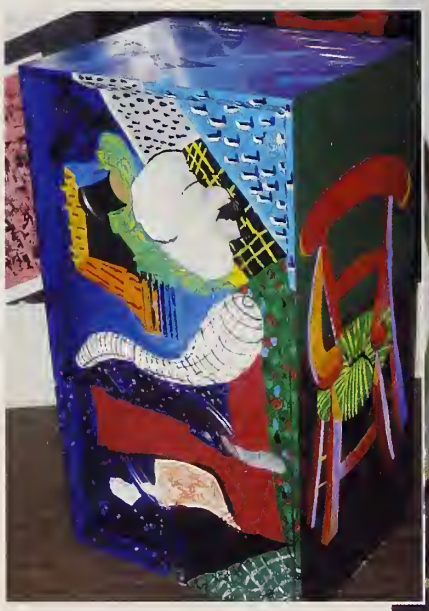
Celeste Main and Marikka Lee worked an their Pap Art Self Portraits

Cityscape In-the-Manner af Kandinsky'
by Kristin Smith

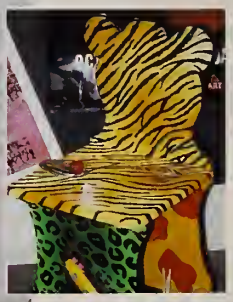
After Klimt
by Jenny Sikara

The Arts Academy Class made Hats, Plates and Fancy Cakes

Pap Art furniture 'After Lichtenstein'
by Talia Gladja

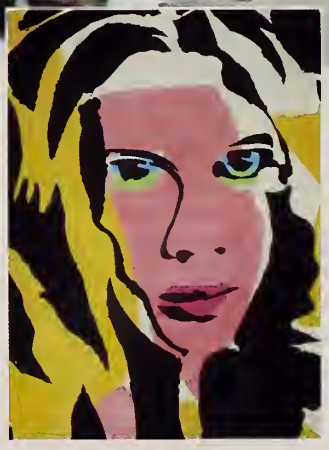


by Glaria Kwak
Painted Furniture In-the-Manner af David Hackney

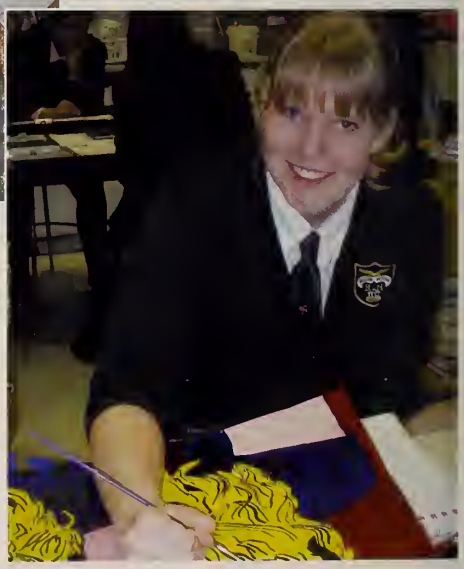


Pap Art
Furniture
by Jessie Drews

Visual Art students completed
Sculptured Expresssive Faces

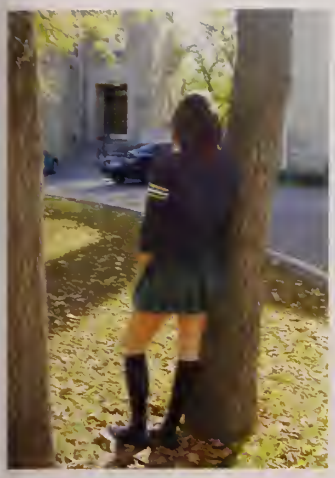


Pap Art Self Portrait
by Shanleigh Thompsan



Pap Art Self Portrait
by Hannah Darrach Cattick

Digital Art



by Paige Danawski

by Janice Huang

by Jane Simms

by Sean King

by Rebecca Sherba

by Charlie Gray

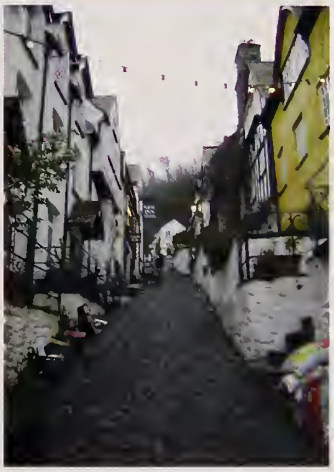
by Mehek Shaikh

by Victoria Schaeffer

by Rebecca Kremer

by Erica Prefantaine Dean

by Stephanie Webster



by Miranda Tharne

New York City!

From October 23 through October 26, Balmoral Hall School took twenty-three performing arts students to New York City. We went to the Broadway musical Curtains starring David Hyde Pierce, out for dinner at Ellen's Stardust Diner, went to the Tony Award-winning musical, Spring Awakening, and Camp Broadway at New Dance Group Studio. There we had a two hour dance workshop where we learned three dances. That night we got to see the musical Legally Blonde and had a very nice dinner at Bella Vita. A big thanks to Mr. Bud, Mrs. Sheps, Mrs. Zimmer and Ms. Cooper who took time out of their busy schedules to chaperone us. This trip created great friendships and life-long memories.

Seussical!

The grade 6 birds displayed their dancing talents

Sydney Jones, Kaitlin Robinson, and Kate Bouchard sang proudly on stage

Gabriella Balog and Stephanie Enns

The monkeys, played by the grade 8s, proudly danced

Middle School got together to sing a group song

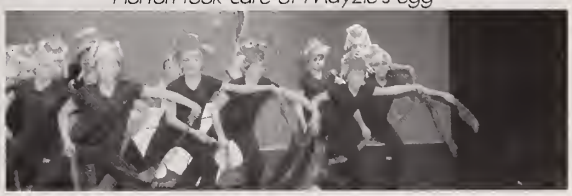
The bird girls showed off their groove

In November, the Middle School students put on a musical called Seussical, based on the many stories of Dr. Seuss. Middle School worked long and hard on practicing the dance numbers and songs in our dance and voice classes. As well, auditions were held for major and minor parts. I think everyone most enjoyed was when Middle School put on the production 'Seussical'. Beforehand, many people had been a bit nervous about performing but everyone most definitely gained tremendous amounts of confidence. I think everyone had a lot of fun putting on this production. A big thank you to Ms. Cooper, Mr. Quinn and everyone else who helped make Seussical so special. I hope that next year, the production will be as extravagant and as big a success as Seussical was. By Jaclyn Flom

The grade 7s played the Whos

Ashley Buckle played Gertrude

Horton took care of Mayzie's egg



The grade 6 fish danced artistically on stage

Balmoral Hall presents

CATS

Old Deuteratamy
Cella Rausseau

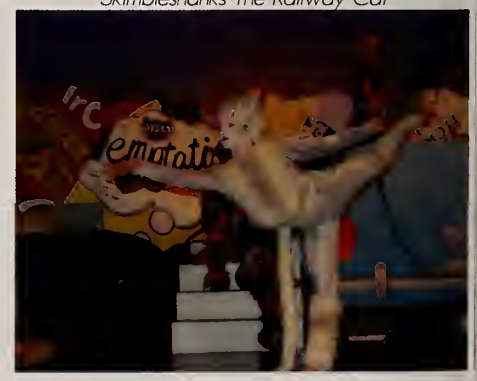
Skimbleshanks
Kelsey Lacambe

Grizabella the Glamaur Cat
Ashley Fredette

Calleen Furlan

The cast opened the shaw with "Jellicle Sangs far Jellicle Cats"

Layla Freig and Chelsea Chimilar introduced Skimbleshanks The Railway Cat



Kristine Wilsan as Victaria, danced a number ta intraduce the Jellicle Ball

Carmen Provinciano and the Jellicle Cats strutted their stuff

The Cats sent Grizabella (Ashley Fredette) to the Heavyside Layer

The Naming of Cats described how cats have 3 different names: (a name given by humans, one by their friends and one only they know)

Colleen Furlan sang about Macavity the Mystery Cat

Gus the Theatre Cat (Saira Abdulrehman) and her caregiver, Jellylorum, reminisce about the good ol' days

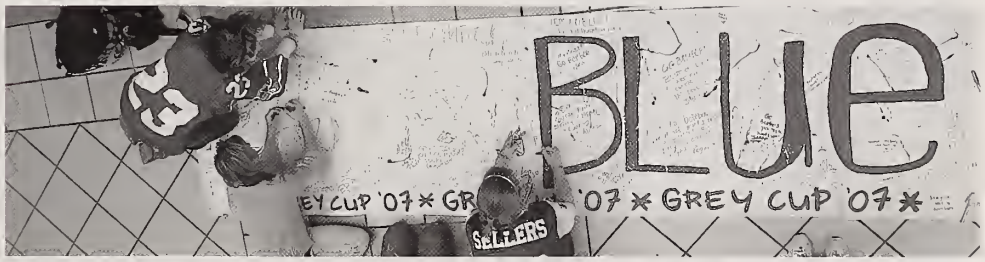
Rum Tum Tugger (Danielle Rubin) was a curious, risque cat with attitude

Roxanne Hogan '08 • LOVE TO
Love
Sports

Sports Captain Message

Jenna Brown
Sports Captain

Hello to all of you!!! This year just flew by, but the memories and great times we had together will always be a part of me. I hope events such as Halloween Bingo, Are You Smarter Then a 5th Grader, Varsity vs. Prep Volleyball and the many other of the highly energetic interhouse activities you participated in this year bring a smile on your face. These great times were not possible without your spirit, support and enthusiasm. Thank you for making my Grade 12 year awesome, and don't let the good times EVER end! In the B.H. gym, anything is possible! I wanted this year to be a year you would love, look back on and realize it was all about creating the BH Magic- to have fun! And we did! I will miss you all, keep smiling and having fun!
Love today and always,
Jenna Brown



Love Your

OUR TEAM IS RED AND WE'LL SHOW THEM WHAT WE GOT. WE GOT THE SPIRIT, COME ON LET'S HEAR IT

Glen Gairn, this year you have allowed me exactly what "we've got." Your participation was outstanding throughout the school year, and your athletic and intellectual abilities have left me proud to call myself the head of this AMAZING house. We have definitely made our point that Glen Gairn is the house that the others need to be watching out for. We proved to be some pretty fierce competition in all interhouse and other activities.

Members of Team Red, please continue to make me proud, and go on to win the House Cup every year! You were all so much fun and contributed to my amazing last year at BH. Thanks specifically to Jenna (our Sports Captain and member of GLEN GAIRN) and Middle School House Head Ericka for all of their hard work this year. I'll miss you all. Keep up the spirit for next year's House Head.

xoxo Rachel Cosman, Glen Gairn

Ericka Muller Moran - Middle School House Head

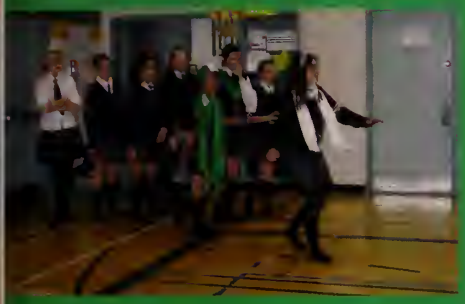
Craig Gowan will always be the best house! People often wish they could be in the yellow house because we exhibit extreme spirit. This year it has been an absolute privilege to be your Craig Gowan House Head. We have competed in some awesome interhouses and participated in tons of spirit trains. You can never have enough spirit! This was the complete focus of our year; to encourage more house spirit and involvement. I'd like to thank all of the sports reps that have managed to do a wonderful job at relaying the message to the student body, my fellow house heads, and our wonderful sports captain and all of her crazy ideas. But most importantly I'd like to thank you, the student body. You have contributed to making this year the best year yet. Remember to love the athlete in you, love the competition, and most importantly,

LOVE TODAY!!!

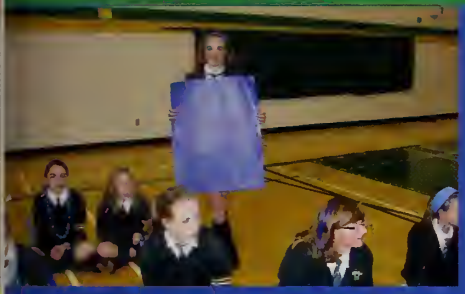
Robyn Zajac, Craig Gowan

Simran Singh - Middle School House Head

House Heads 2007/2008

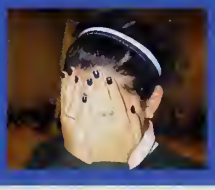


Ballater's got the spirit deep down in our hearts!!! So despite the lack of an "official" house head, Ballater dominated all activities, showing pride spirit but especially heart. It may not have always been easy to be green, but I think it's safe to say we grew into a huge threat in the world of inter-house competition. I remember how devastating it was back in grade 3 to lose to another house for all the Ballaterians; we took disappointment to a whole other level (and still do!!) Thanks for stepping up this year and making it without a captain and thanks to those Ballaterians who took on the roll of promoting House Pride for the best and brightest, Ballater. Never be ashamed to say you and a frog were intimate. I hope that next year you find someone who loves this house as much as I do to lead you into another victorious year!
Love your ever faithful,
Kermit Ballater and the Shanitizer
CC Wannan - Middle School House Head



My Braemarians!

Just a few words coming from the leading hippo of the clan, to thank my house for making the outcome of this year incredible, and what a fast year it's been! I must say that all the house related activities have made my last year at BH the most enjoyable experience it had the potential of reaching! As a house we showed spirit, victory and our own original vibe, and I would like to thank all of Braemar for that! Just a quick shout out to the other house heads on how well we all worked together this year in planning and agreeing on everything that came up. It was a pleasure working with you, Rach and Rob and I will never forget our times as the house heads of 2007/2008. Thanks again to every single girl in Braemar who strolled the halls decked out in blue and had the most intense spirit I've seen yet in the history of the Blue House! Hippos for life...
Hip Hip! Love Rachel Solomon, Braemar
Sydney Jones - Middle School House Head



Love a Challenge!

Emily McKnight and Eriko Thunder swapped roles and realized that the "ice isn't always whiter on the other side"

The annual staff vs students challenge took on a different look this year as the High School hockey team faced the staff (and proxies) at the Winter Club. Staff gave it their best and had a good challenge.

The Prep hockey team was faced with a different challenge as they competed against the High School volleyball team. There were no slapshots in this game, rather the force came in the SPIKES!

Interhouse

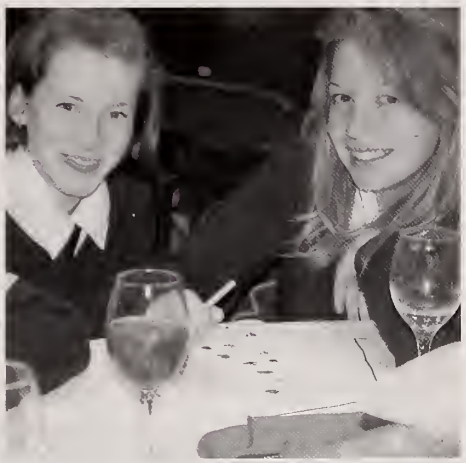
Blue Bomber Day

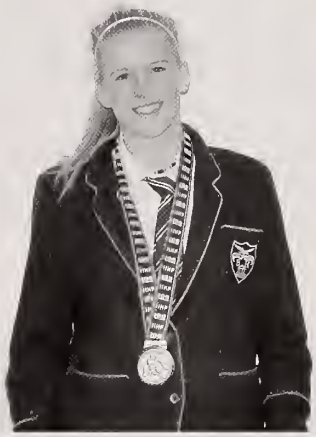
Are You Smarter Than a 5th Grader?

Atom Jenga with KD Tug o War

18
14
10
11

11





BRAEMAR

Western Canadians Tournament

The Blazers marched in the opening ceremonies

Mr. Kerr and Mr. Hoffmann cooched their girls and motivated them to give it their all

Jenna Brown and Kate Bouchard were our spectacular Sports Captains

Blazers celebrated winning a game

Kaite Hoffmann jumped high ta black the other team's balls

Katie Hoffmann and Ericka Rankin-Friesen showed off their shirts

The Prefects performed their "Love Today" dance in the opening assembly

Grade 12 students and Regan Boulton cheered for the BH Blazers

Robyn Zajac was Team Captain and put on her game face to keep the team focused

Cross Country Running
Won the Zone Championship
Elise MacDonald placed 8th and Kristin Cockerill placed 9th in the province at Provincials.

Golf
Won the Zone Tournament Ashley Fredette placed 5th in the province at the Provincial level.

Volleyball
Junior Varsity team finished 1st in Zone 12 league in league play and lost in the final playoff game by 2 points.
Varsity team won the quarter-finals in playoffs and lost in 5 sets in the semi-final.

Basketball
Junior Competitive team advanced to MCSAA playoffs. Varsity team advanced to Zone playoffs

Curling
Won the Zone Curling Tournament,Competed at Provincials and had a tough game against the Provincial Champions

Badminton
Meghan Dufault & CC Wannan won 1st, Brittany Simmons & Shea Gaynor placed 2nd in Girls Doubles at the MCSAA tournament
Katherine Bouchard won 2nd place and Elizabeth Pappas won 3rd place in Girls Singles at the MCSAA tournament.
Christine Bestland and Regan Boulton place 1st at the Zone tournament in Varsity Girls Doubles.
Jenna Brown placed 3rd at the Zone tournament in Varsity Girls Singles
Christine & Regan finished in 5th place in the Province at the Provincial Badminton Championships.

Blazers High School Hockey
First season in WWHSHL (competed in CTV-Winnipeg Division)
Competed in 2 tournaments (Sanford's pre-season evaluation and the Huskies Invitational)
Finished regular season 2nd place with a 11-3-2 record, 75 goals for and 20 goals against – both division-best
4 players named to All-Star Teams (Erika Thunder, Emily McKnight, Michelle Rebeck, Katie Hoffmann) In Division Standings
Individual Points – Holly Penman (2nd), Michelle Rebeck & Emily McKnight (tied 4th/5th)
Goalie – Erika Thunder (best save percentage), Ashley Fredette (4th save percentage)
Defeated St. Norbert in ¼ final round of playoffs (2 games to none), Defeated River East in Semi-Final round of playoffs (2 games to 1)
Finished 2nd in Final Playoffs to Shaftesbury
Holly Penman received the John Curry Award for academic and athletic achievement, was nominated for Team MVP Award
Erika Thunder won CTV-Division award as Top Goaltender, Michelle Rebeck nominated for CTV-Division Top Rookie

Soccer
Won the Zone Banner, Team competed at provincials and scored 2 goals at the championships which is a first for the school

Track & Field
30 Grade 6, 7 and 8 students competed at the Knights of Columbus Track Meet.
Senior School Team won the Zone Banner, 22 students qualified to attend the Provincial Track Meet
AAA School Team Results – finished tied for 4th
Christine Bestland – finished 3rd in the Province –JV 100m
Kristi-Lyn Pollock – finished 1st in the Province Varsity Shot Put

Prep Hockey Team
43 wins, 11 loses, and 5 ties, Went undefeated to win 4 out of the 6 tournaments entered
All 8 graduating players receiving hockey scholarships at American and Canadian Universities
2 and 0 against Canadian University competition this year
10 players and two coaches were members of Team Manitoba Won Bronze at Nationals
Bailey Bram won silver at the under 18 world championships while playing for Team Canada
5 players from our program were invited to Hockey Canada's evaluation camp
16 players were moving in the final 40 evaluation camp for Team Manitoba

Volleyball

Varsity

First Row: Robyn Zajac, Ericka Rankin-Friesen, Jenna Brown, Roxanne Ilagan(Manager), Second Row: Mr. Hoffman, Katie Hoffmann, Erica Siddall, Michelle McFadden, Olivia Zaporzan, Sarah Scott, Stephanie Lawson, Talia Joundi, Mr. Kerr
Missing: Lauren Smerchanski

Junior Varsity grade 70

First Row: Sean King, Alex Martin, Jacklyn Prendiville, Second Row: Shelby Szarko, Emily Campbell, Allison Love, Chantol Thompson, Michelle Rebeck, Toria Rankin-Friesen, Elise MacDonald,
Missing: Hannah Johnson

Junior Varsity grade 9

First Raw: Nicole Jayce, Natasha Cabb, Second Raw: Juliano Loewen, Katie Eva Layla Freig, Third Raw: Hannah Darroch-Cattick, Donico Avery, Ali Chou (Gr. 10), Fourth Raw: Brittany Durand. Coaches: Rabyn Zajac, Stephanie Lawson

Junior Competitive

First Row: Katrina Barkwell, Stephanie Enns, Second Row: Kate Bauchard, McKenzie Trann, Brittany Simmons, Alex DePape, Honnah Scott, Nicole Wierzbicki, Third Raw: Olivia Zaparzan Ericka Muller Moron, Michela Picklyk Esposito, Elizabeth Pappas, Leanne King, Emily Kesselman, Ms. McElrea
Missing: CC Wonnon

Developmental grade 6/7

First Raw: Madi Horvey, Bryn Koehn, Second Raw: Megan Rass, Notosho Comeau, Bryanna Sherba, Alex Banfield , Allana Flom, Hayley Stacy, Nadia Schreimer, Third Row: Samantha Moreau, Marissa Woods, Ello Thomson, Kathleen Kapp

Basketball

Varsity

First Row: Roxanne Ilagan, Kelsey Watchman, Ceci Morales, Shawna Olson, Second Row: Ms. Streilein, Shanleigh Thamson, Christie Branton, Celeste Main, Ali Chau, Hennie Lu, Ms. Wilkes Missing: Brittany Durand, Rebecca Kremer

Junior Competitive

First Raw: Bryanna Sherbo, Kate Bouchard, Brittany Simmons, Hailey Hooke, Kailey Schur, Second Row: Ericka Muller Moran, CC Wannan, Shannon Sifert, Ashley Buckle, Caach Kirk, Missing: Simran Singh, Katrina Barkwell, Regina Guzman

Developmental

Front Raw: Maryam Aldabbagh, Allana Flam, Hailey Cummings, Claire Hughes, Second Raw: Michelle Daenick, Katie Hastings Van, Josie Feltham, Nadia Schreimer, Jenny Lee, Kaitlyn Scott, Gabby Warren, Madi Harvey, Paige Hastings Van

Hockey

Prep Team

First Row: Stacie Kashuba, Dean Rebeck, Nellie Minshull, Chelsea Illchuck, Bailey Bram, Jenelle Kohanchuck, Steve MacDonald, Taylor Van Denakker. Second Row: Brittany Hergesheimer, Sarah Zacharias, Tess Dusik, Tatiana Rafter, Michelle Pawluk, Kristin Cockerill, Melissa BK. Third Row: Meghan Dufault, Breann Frykas, Kristi-Lyn Pollock, Christine Bestland, Caitlin MacDonald, Kyleigh Palmer, Regan Boulton

High School

First Row: Erika Thunder, Second Row: Elise MacDonald, Emily McKnight, Michelle Rebeck, Holly Penman, Madison Stewart, Carlee Wilson, Third Row: Andrea Keating, Stephanie Lawson, Macy Morden, Erica Prefontaine Dean, Katrina Hoffmann, Lexi Giesbrecht, Toria Rankin-Friesen, Breanne Fredette, Marikka Lee, Coach Cook
Missing: Ashley Fredette, Jenna Brown, Emily Lennox, Jacklyn Prendiville

Soccer / Golf

Varsity

First Row: Marikka Lee, Alex Martin, Olivia Zaporzan, Erica Siddall, Jenna Brown, Stephanie Lawson, Erica Scharfstein, Taylor Van Denakker, Kyleigh Palmer, Sarah Scott. Second Row: Mr. Warinner, Valerie Beynon, Alex Campbell, Michelle McFadden, Carleigh Balciunas, Talia Joundi, Natasha Cobb, Elizabeth White, Kristi-Lyn Pollock, Talia Glodjo, Ms. Akerstream, Jordan Goetting

Senior Golf Team

Ashley Fredette, Roxanne Ilagan, Breanne Fredette, Sarah Scott
Missing: Ms. McElrae

Dragon Boat

Front Raw: Michelle Pawluk, Kristin Cackerill, Holly Penman, Olivia Zaparzan, Robyn Zajac, Caitlin Brack, Saira Abdulrehman, Shereen Samimi, Second Row: Mira Fister Tadic, Miranda Tharne, Rebecca Sherba, Tayler VanDenakker, Mandy Green, Julie Clark, Michelle Rebeck, Third Row: Regan Baultan, Jenelle Kohanchuk, Jenna Brown, Nadine Lawes Missing: Carlee Wilson, Madison Stewart

Curling

Senior Rink

First Raw: Ariana Meyers, Talia Glodjo, Valerie Beynon. Second Row: Christie Branton, Marianne Wei, Angela Reimer, Ms. Fultan, Sarah Scatt, Julie Clark, Zelda Brava

Badminton

Senior School

First Row: Christine Bestland, Carlee Wilson, Second Row: Valerie Beynon, Talia Glodjo, Ceci Morales, Regan Boulton, Danica Avery, Ashley Stedman, Jamie Holt, Coach Kerr, Layla Freig, Missing: Madison Stewart, Jenna Brown, Julie Clark

Middle School

Front Row: Alana Flom, Kaitlyn Scott, Brianna Turner, Maryam Aldabbagh, Kady Evanshyn, Haley Cummings. Second Row: Gabrielle Warren, Marissa Woods, Ella Thomson, Madi Harvey, Sarah Sytnyk, Bryanna Sherbo, Megan Ross, Third Row: Shea Gaynor, CC Wannan, Meghan Dufault, Elizabeth Pappas, Kate Bouchard, Brittany Simmons

Senior School Track and Field

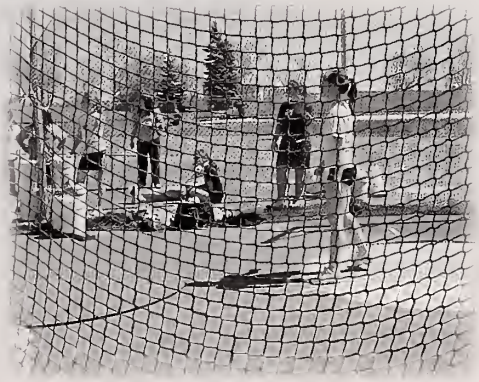
First Row: Valerie Beynon, Shelby Szarko, Emily Campbell, Katie Eva, Michelle Rebeck, Toria Rankin- Friesen, Second Row: Kyleigh Palmer, Tess Dusik, Michelle Pawluk, Elise MacDonald, Caitlin MacDonald, Kristin Cockerill, Tatiana Rafter, Eileen Newman, Natasha Cobb, Breanne Fredette Missing: Danika Avery, Carleigh Bulciunas, Hannah Darah-Cottick, Cam Dixon, Allison Kowalchuck, Celeste Main, Amanda Stegmaier, Chontol Thompson, Jessie Drews, Chelsea Illchuck, Joanna Liu, Janelle Kohanchuck, Kristi-Lynn Pollock, Sarah Zacharias, Robyn Zajac

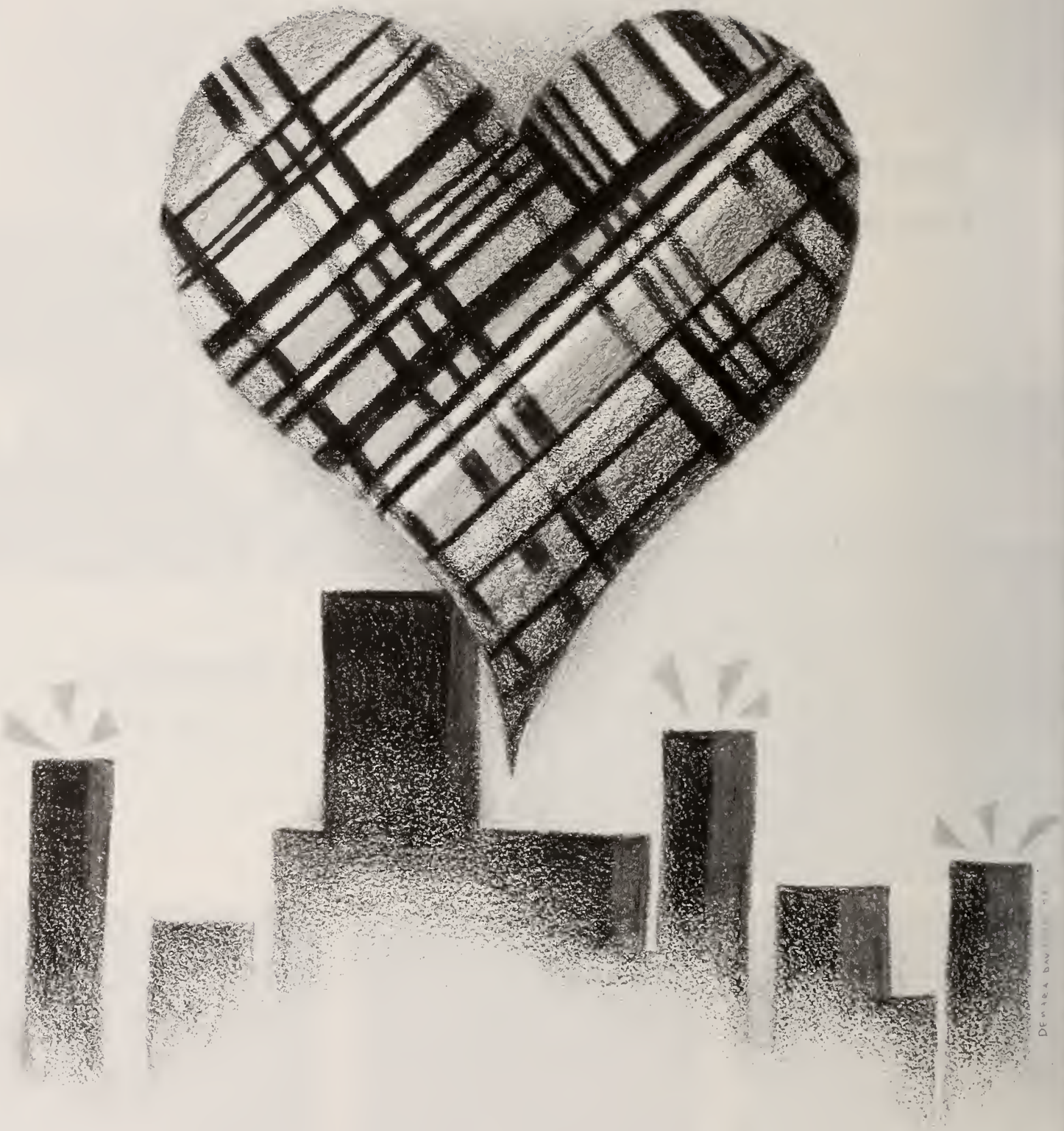
Middle School Track and Field

First Row: Nicole Wierzbicki, Celina Penny, Gabrielle Warren, Kaitlyn Scott, Julia White, Janelle Hill, Second Row: Michelle Daenick, Noelle Verry, Ashley Buckle, Meghan Dufault, Gabriella Balog, Sydney Jones, Hannah Scott, Kate Bouchard, Ella Thomson, Hannah Shiffman, Third Row: Shea Gaynor, Ms. McElrae, Natasha Comeau, Samantha Moreau, Emily Ferguson, Ali Wade, Michela Picklyk Esposito, CC Wannan, Elizabeth Pappas, Josie Feltham, Missing: A. DePape, E. Downey, E. Fascione, A. Flom, J. Flom, J. Gardner, J. Hedden, A. Hughes, E. Ilse, A. Jessiman, E. Kesselman, L. King, B. Koehn, K. Langley, B. Sherbo, S. Sifert, T. Smith, C. Steele, S. Sytnyk, A. Turner

Cross Country

Breanne Fredette, Elise MacDonald, Kristin Cockerill, Tatiana Rafter, Missing: Cam Dixon





Debate is Great

Grace Boyd
Student Affairs Prefect

It would be an understatement to say this year has brought a whirlwind of changes for the debate program, and I am happy to see the many amazing girls who have joined the debate program and helped out at various tournaments.
In October, students went as far as London, England to represent Balmoral Hall in competitions and, though I felt that the timing of Rupert's Land (falling on the same day as The Grey Cup) would hinder its success, it ran smoothly. All that worrying was for nothing.
I would like to encourage students to take a role in their student government and to take risks in the coming years. Without that, I wouldn't have been in the position that I was this year. I want to thank everyone for giving me the opportunity to serve as your 2007-2008 Student Affairs Prefect. It's been an amazing experience.
Good Luck, Grace

Victoria Schaeffer and Julie Clark participated in the Asper Cup at Gray Academy

Talia Glodjo and Ariana Meyers took 8th place at the Asper Cup and Ariana won 10th place individual

Kamal Dhillon and Kirsten Nicholson participated in a Junior Debate tournament at SJR Kamal won Top Debater Award for BH

Love Debating

Love Debating...This past year in debating has been filled with tournaments that have taken us to Reading, England, Montreal, St. John's, and Calgary. BH debaters competed at many tournaments, including the Douglas Campbell and the United Nations Public Speaking Tournaments, Rupert's Land Tournament, and the Junior and Senior Provincial Debate Championships. All the girls have done so well. Outstanding participants were Grace Boyd, Shanleigh Thomson, Ariana Meyers, Talia Glodjo, Victoria Schaeffer, Sola Han, Robyn Zajac, Christa Lee, Kamal Dhillon, Kirsten Nicholson, Isabelle Anderson-Gregoire, Madison Maidment, Katie Eva, CC Wannan, Elizabeth Pappas, Kaitlin Robinson, Caroline Steele, Alex DePape, Jaclyn Flom, Ella Thomson, Nicole van Hove, Kennedy Maidment, Bryanna Sherbo, Alanna Flom, Kaitlyn Scott, Hayley Stacey, Eva Downey, Meredith Chiu, Talia Smith, Emily Steele.

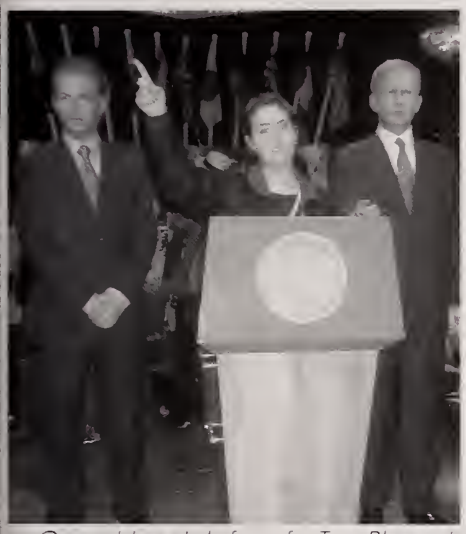
Junior Debaters that attended a tournament at SJR

Ariana Meyers and Victoria Schaeffer were great models of debate for Senior School debate classes

The Senior Debate club heard presentations from guest speakers such as a radio newscaster, Julie Bell, from CBC and a lawyer, Erin McNichol

BH Debaters go Abroad

International Independent Schools' Public Speaking Championship in England



Grace debated platforms for Tony Blair and George Bush in Madame Tussaud's Wax Museum

Victoria Schaeffer, Alex and Phil (from Utah), and Grace Boyd in the London Eye (Ferris Wheel) in London

McGill University Impromptu Senior Debate Tournament

Christa Lee, Izzy Anderson Gregoire, Talia Glodjo, Ariana Meyers and Sola Han

Love the Community

Shereen Samimi
Public Relations Prefect

The 2007-2008 school year has been an absolute blast!! When I first signed up for the position of Public Relations, I assumed that it was an easy position to fill. I was very wrong! Fulfilling the jobs of being a prefect can be stressful, but it is most definitely worth all the stress we go through. I definitely need to thank the girls who tried to help me get a newspaper off the ground, without your help it wouldn't have even have been a possibility, and although it didn't work out, I have no doubt that next year's Public Relations prefect will be successful in this endeavour!! I wish all the best to everyone next year, especially the new Public Relations prefect, I'm sure you will do an amazing job!!! Lastly, I need to thank the prefects for making my final year at BH one that I will never forget, from the barbeque in September, to Bomber Day, to the dating game, this year has been an incredible ride, and I am so proud to have been able to work with such amazing girls. I also have to thank Mrs. Green, without your hard work most of our ideas would not have been possible!!! Thank you so much!! Peace and Love, Shereen.

Saira Abdulrehman and Roxanne Ilagan took time to give blood during BH's Blood Drive

Saira Abdulrehman
Community Service Prefect

I cannot believe that my six amazing years at Balmoral Hall are finally coming to an end. I had the most amazing time in my grade 12 year as the Community Service prefect working together with the rest of the prefects. As Community Service Prefect I have had the privilege to be the Chair of Balmoral Hall's Youth in Philanthropy group, the Canadian Blood Services Ambassador and Balmoral Hall's Inner City representative. The Girls for the Cure event was a success as usual. It was amazing to see the grade 11 leadership girls with the help of the staff and parents, to step up and ensure that the event ran so smoothly. The Day of Giving was also an amazing day for community service in the halls of Balmoral Hall, the girls helped out at various charitable organizations around Winnipeg. At BH we organized a Christmas Party for the children from Mulvey School. This year we also collected eyeglasses from the girls and donated them. We also organized a Kraft Dinner drive for the Winnipeg Harvest but before we donated them, we played a mass game of Jenga with the boxes at Interhouse. I would like to thank all you BH girls for making a difference this year and for caring about your community. I would also like to thank Mrs. Green for being so much more than just our prefect advisor. And finally I would like to thank the Prefects; you are 12 of the most brilliant girls that I've ever had the privilege of knowing and working with you all year has been the most amazing and rewarding experience. I LOVE EACH AND EVERY ONE OF YOU <3!!!

Youth In Philanthropy

This year we had 42 enthusiastic and dedicated students (YiPpers) from Grade 9 to Grade 12 come out to meetings. With the largest group ever in Winnipeg, we all worked together, and had a successful and amazing year. We first decided that our mission statement for this year would be: "Students spreading the love by promoting youth involvement and supporting charitable organizations in our diverse community" and our vision statement for the year would be: "Putting the unity in community". We decided we were most interested in supporting charitable organizations whose values included abuse, addictions, animal welfare, environment, homelessness, inner city, and disabilities. We researched multiple charitable organizations and students went on sight visits to the charitable organizations they had selected so that they could see first hand what the charities were like and what work they did for and in their community. It is there that the girls truly find what charitable organizations they are passionate about and which charitable organizations need financial support the most. This whole experience taught us how to work together in a large group; communicating effectively, acting respectfully, and being patient – all with the goal of getting our "job" done. Being a member of Youth in Philanthropy enabled YiPpers to learn about non-profit organizations in Winnipeg, and about how they, as individuals, can make a difference in their communities as young leaders of tomorrow. I would like to take this opportunity to thank the girls in YiP for a wonderful year and to also thank Mrs. Shyka for keeping us organized and enthusiastic about Youth in Philanthropy. Congratulations ladies, we did an amazing job this year! I wish all the best to the YiP chair and group members for next year.

Sairo Abdulrehman, Community Service Prefect
Student Chair of Youth in Philanthropy at Balmoral Hall
Balmoral Hall YiP Inter-school Committee Rep to the Winnipeg Foundation

Lori Rudniski
Women in Second Stage Housing
St. Norbert P.O. 202, Winnipeg, Manitoba
R3V 1L6

April 17th, 2008

On behalf of Balmoral Hall School's Youth in Philanthropy committee, we are pleased to advise you that Women in Second Stage Housing has been selected to receive a grant from our committee and The Winnipeg Foundation. This grant, in the amount of $300.00, is to be used for the purchase of books and furniture.

We would like to take this opportunity to invite you to a Celebration of Youth in Philanthropy. This event brings together all of the students and grant recipients who took part in this year's program. The event is at 7:30 p.m. on Tuesday, May 20th, at CanadInns Fort Garry. Please RSVP to Megan or Kerry at The Winnipeg Foundation at 944-9474 or yip@wpgfdn.org

We look forward to seeing you there!

Yours Truly,
Sydney Bicknell and Hannah Stinson
Youth Advisory Committee

Balmoral Hall School

YIP thank you Letter from WISH

Dear Sydney and Hannah,
I am writing to thank you and everyone on the YIP Committee for your generous grant of $300.00 towards the purchase of books and furniture. Your support is a valuable part of our services for women and children leaving abuse.
Thank you for being a partner with us in supporting families striving to end violence in their lives and build a better tomorrow. I look forward to seeing all of you again at the Celebrations on May 20th.
Sincerely,
Lori Rudniski
Executive Director
Women in Second Stage Housing (W.I.S.H.)

Social Responsibility

Mulvey Holiday Party

Siloam Mission

The Peace Festival

Save the Children/War Child

Misericordia Place

Winnipeg Harvest

Blood Donor Clinic

On our Day of Giving held December 20, 2007 many Senior School students and staff members delivered hampers to families in Winnipeg. The following letter was received from one of the families who received a hamper from BH.

Dear Staff & Students;

After an extremely difficult 2007, it was nice to know that there are still caring people in this world. We only expected a basic Christmas meal, yet you gave us cleaning supplies, many needed utensils we were lacking, bathroom items needed, a TON of food and much more.

We appreciate everything so very much as you saved us literally over the holidays. On behalf of my husband and three sons ages 11, 22 months and 12 months, and myself, we wish you a wonderful 2008 and thank you from the bottom of our hearts.

Balmoral Hall also received a big thank you from the Salvation Army following the Day of Giving. Students who participated at various kettle sites across the city raised a total of $2,809.35.

Love Your History

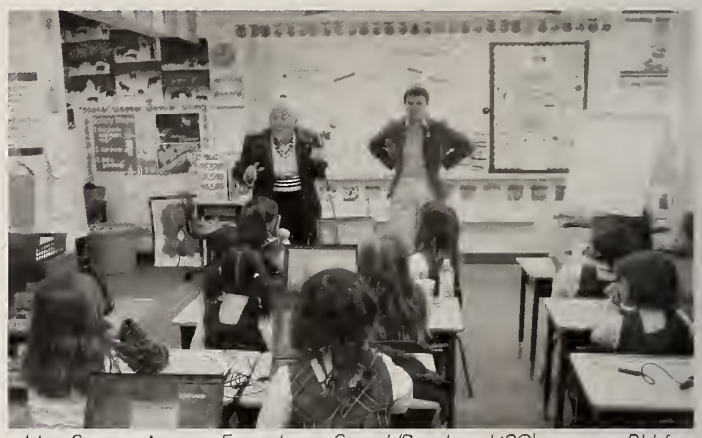
From a young age I just knew how special BH was, and how important it was to me, so I knew that being the Alumnae Prefect would be a perfect fit for me! I've had so many great opportunities with this position like meeting some of the truly outstanding women that grew up in the BH halls just like we have. I'm so glad I was able to represent the '08 graduating class and will work diligently to keep up the relationship between the graduates and BH once we have left. I wish next year's Alumnae Prefect the best of luck, I know they will do great! For all the girls that have another year or more at the school I just want to encourage you to have an unbelievable time since there really is no place like BH! I will miss it and all of you!
Love, Alex Campbell

Alexandra Campbell
Alumnae Prefect

Paola Beltran was met by screams of joy from students who were thrilled with her surprise visit

Alex welcomed alumnae "Home for the Holidays"

Mrs. Friesen and Kristen Westdal '98



Mrs. Sprange's mom, Ferne Lount Stovel (Riverbend '39), came to BH for the alumnae assembly, after lunch she visited Mrs. Sprange's (B.H.'67) class. She really enjoyed meeting the girls and asked them to shaw her their name in sign language. Mrs. Sprange's daughter, Ashley (BH '01) also graduated from BH. What a legacy!

Thank you to the following alumnae who attended this event: Catriona Macfarlane '95, Amber Bewza '02, Kyla Caners '04, Kyla Belton '03, Melanie Riggs '06, and Kate Langrell '07. The advice and experiences you shared with our Grade 12 students was very valuable.

Alumnae Activities

Ashley Rebeck '07, Cindy Lukianchuk '07
Mrs. Green and Sam Waer '07

On October 5, 2007 Balmoral Hall hosted the annual Real Deal University Spiel. Six alumnae from across Canada joined Grade 12 students in the Kozminski Common Room to share their university experiences. Topics discussed this year included textbooks, Grade Point Averages, extra-curricular activities, course loads and Residence. Following a general discussion, students were able to talk one on one and ask alumnae questions regarding specific fields of study and career paths.

Riverbend Alumnae came
for the alumnae assembly

Amanda Aldous '02, Ms. Fulton,
Anna Penner '01 and Ms. Alto

Kiran Dhillon '06, Catherine Simons '06 and
Anna Simons

Robin Jacuzzi '07, Kathryn Marcynuk '07
and Katie Moore '07

Graduating Class receives their key chains at
alumnae assembly

Susan Riley '64, came to speak about her work
with the
Department of Justice

Ashley Sprange '01, Mrs. Delaquis,
Allison Pigden '04 and Elizabeth Leitgeb '02

'08 & FEELIN GREAT =)

Bailey Blair

Chelsea Illchuk

Abdulliu

Shawna Olson

Kayla Van Dunk

xoxo Caitlin Brock

2008

Courtney Weinstein

Rachel Solomon
Braemar Househead 07/08

Jenna Brown

Love the home stretch.

Erica Scharfstein

Natasha Zloty

Sarah Zacharias

Adriana N.

Hannah Borsuntsky

Megan Alexander xox

Kali Kozi

Jamie Holt

Jenelle Kohanchuk

Krupa Kotecha

Callie Blank

Rachel Comen

Ashlyn Hettner

Olivia Zapata Zan xoxo

Nelly Mahal

Kyleigh Palmer

DANIELLE RUBIN

Elissa Brak

Grace Boyd

KRISTINE WILSON

Jessie Lu

Diandra Kennedy

Roxanne Hagan

Holly Penman

E Mitchell

Seelgi Jun

Michaela Vickar

Sola Han

Saira Abdulrehman

Sai Abdully, or shall we say "Sai, Sai, the photo guy?" our budding movie star! We can see it now... Saira Abdulrehman: 5 Oscars under her belt. The go-to girl about anything from clothing, to STARBUCKS BEVERAGES?! Non-fat Earl Grey Misto? Ohh Yeaah, yummajumma! THIS IS MY YEAR! Lar-sha-sha-shar. Man could we have WENT through any more in our 7 billion years of friendship? (Exaggeration, much?) Our Aviator wearing, pashmina sporting, Broadway Baby! We should dance party it up sometime...that is, if you weren't on such hardcore BST!! You can only use "But I had to make CHA!!!" once!! Jk Peachy, you know we love you bigger than your hair so put down you look like a cockatoo. (Or we could stick with the always lovely HSM nesting party. Island lakes, it's going brown!) You are the life of the party! We Loju Mucho and Bean Soup!!!

Megan Alexander

MMMMMMegan! We will never forget the years that we have spent together. It was truly a good time. We had our bonding moments, first in drivers Ed, the Chili Peppers concert (best concert EVER!!!!!!), and let's not forget Italy (Italy '08 and feelin' great!). Remember our grade 12 pictures we took. Good times. You were always so kind and thoughtful and we will miss taking off on our spares together. Do remember, squishing into the back of Shereen's car HAHA! Have an amazing time next year, and have the most amazing university experience, because you are an amazing person. I will definitely miss your mom's home cooking next year!!! We have watched you change from a shy little girl, to an approachable and confident young woman! Best of luck, we will miss you and never forget you and your sense of humor!!!
Love, Shereen, Shawna, and Caitlin.

Callie Blank

Callie, for the past 14 years that I've gone to school with you, I don't think anyone has made me laugh so hard and kept it so funny for so long as you have for me. You have always been a great friend and when I needed you, you were there. Each year at BH you have made more memorable than the last. We have been through some hilarious things from our attempts to sneak out of Dr. DeBlonde's class in grade nine to our science fair project when you brought me the gold medal since I never went. You have especially made my last year at BH its best! Hope you have had just as good of a year as I have. I'm upset we won't be making anymore McDonald's runs but I wish you the best next year and hope you have a great time! Good luck.....IT'S DONE!

Grace Boyd

I can't believe I've only known you for 2 years! I will always remember all the funny times we've had together such as the Hedley concert and how we are planning on making a girlisious music video at your cabin. I love all of our times in human geo when you draw me living in the Amazon and I-Grace. I will miss looking over to the desk next to me seeing you scribble away thinking you're taking intense notes in human geo and realizing that you're just doodling. I always laugh when I think about Mr. Hoffman opening his "tickle" trunk and it was full of clothes you were in front of it playing with the stuff right away and to think of you picking up the fireman hat and being like "Oooh I'm a fireman!" and putting on your head haha. We've had lots of laughs this year and more to come.
Love Elissa

Bailey Bram

OH HELLO CHAP! And I don't mean chap because you have chapped lips, like me, but because you're a great friend! Anyways, where do I start? Our daily jokes made me laugh till my stomach hurt, and left you slobbering like a dog. (BAILEY YOU DOG!)
Being the first girl Lightning players that we are, we have known each other for a long time. From our talented country voices, to our men and our downright craziness, we sure have come a long way from being polite and watching Harry Potter. We have become close enough to talk and definitely joke about anything and everything...aka skid mark in Kyle, Sask.! Everyone would agree you're a great teammate, captain and most of all friend. We've made so many great memories, so let's keep it SAUCEY and keep on joking! SAUCEY! SAUCEY! SAUCEY! -palmer

Caitlin Brock

Old Man Herbert, B-rock, B, Mother Hen, yeah you would be graduating this year. Our little trend-setter who rocks the BH bow like no one else. Somehow you can whip out Herbert's whistle, the bird-call, BEAT BOXING, and even piglets. You're melodramatic, HILARIOUS and HOT DAMN... "under where"? You're so Hobo chic you put Sienna Miller to shame. You're so supportive and understanding you're who we turn to for advice. Brock we love you and will neva stop. You've got "the vibe" and it's impossible for anyone not to fall in love with your smile. The day we met you is definitely the opposite of the "worst day of our liiiives". I JUST WANNA DANCE ALL NIGHT LOOOOOOONG! Every second spent w/you is spent in laughter. We're ALWAYS hyper emotional, always partying just a little too hard, and never stopping the loving and THIS IS WHY WE'RE FRIENDS!! IT'S GOOD!! G5<3

Elissa Brok

In less than two years at Balmoral Hall, Elissa was able to blend seamlessly into our school. Between having to pretend not knowing her at rock concerts when she started to hula dance, and singing along to 90's music that never made it past the millennium, it was hard to imagine that she hadn't been with us since the beginning. A valuable member of the soccer team in her first year, and a vibrant member of the senior choir, Elissa could do anything she set her mind to. Her creativity was put to its greatest use in assignments, and coming up with reasons to put off doing them. Elissa is a great friend, and it is a benefit to all of her classmates to have known her. In the years to come I know she will succeed in every path she chooses to walk. She will do great things.

Jenna Brown

Jenna! The past few years with you have been the most amazing years of my life. I have come to know you as an extraordinary being, one with a heart of gold, true compassion, and a strong love of life. I couldn't imagine going through high school without you as my friend. You have always been there for me when I needed somewhere to go. You have an inner ability to light up the room, and wherever your destination in life is, you will succeed. I hope you will never forget the good times we had the past few years. Those messages in my homework diaries, Tuesday nights watching OTH, and doodling in our agendas will continue to make me laugh. There are way too many memories to write out here including Dylan's, sports, parties, and most importantly food! I will always keep these memories with me, as I know you will too. The altering point in life they call high school is now behind us, bringing us closer to the real world. A world in which all we have is our friends to help us push through the difficult and to simply be there. I will never forget you Jen, and although we are taking different paths, I'm always a phone call away. And so it begins... thanks for the millions of good times, and here's to many million more. Love, Steph

Alexandra Campbell

Alex, we're grads! Finally! You of anyone should believe it, little alumnae prefect. From acing exams to managing teams, you define "multi-talented"! And as with everything you've (ever!) tried, you've done exceptionally well. Did I mention your astounding personality AND admirable party planning skills? Ali, you've proven that I can always count on you to party it up with me- whether we're looking stunning at the EEC or scoping out hot waiters at Saucers (roooowwwrrrr! lol) Not to mention chillin' in the equinox, chicken fingers in the cup holder ('cause that's how we do) or watching Clueless, all tucked in with a bag of sweet-chili-heat. Next year, I hope we hang in there (lifers UNITE!) to conquer U1 together, cameras blazing (as always); keen as ever with our matching ultra-rare, super-practical pencil cases. Wherever life takes you, you'll blow everyone away with your incredible Ali-ness.
XOXO forever and ever, Nat.

Lo Kai Chan

Chan LuLu! I know your English name is Jenny and your Chinese name is Chan LuJia but I like to call you Chan LuLu more! Starting from me, everyone is calling you Chan LuJia now! What a great pleasure! Time has gone so fast. I can't believe I've known you for two years. During these two years, we have spent almost 24 hours together every single day. We've shared our thoughts for two years; we've gone shopping together for two years; I've been stopping you from eating night snacks for two years. LuJia, how can I live without you next year? Next year, you will be in Vancouver and I will be in Toronto. Although these two cities are far away, keep in mind that I will be always with you. No matter where the future will take you, we will be close friends forever.
Love you, Jessie

Rachel Cosman

Dear my best friend Rachel/ Rach/ Rachella/ most recently BOOTS,
It all started behind the walls of Balmoral Hall School on the teeter-totter at the end of grade 7. It didn't take long before we discovered that we are "fAternal" twins who were separated at birth. The two of us became inseparable...to the point where people easily could have confused us for a couple. Over the course of the past 5 years we have shared some amazing memories together, many of which are summed up in the "the book of insiders" (Which still needs some updating)! I know that we will always be friends, but I'm really going to miss seeing you almost every day! I'm going to miss your saliva spray, finding your left-behind snack containers, rollerblading, having "slupie" sales, being able to copy your INTENSE notes, and most of all having you get in trouble when really it should be me! Thanks for all the good times we've shared together!
Love, Holly

Nora Fien

Our high school years together have been quite a ride! I can't even begin to count the times we laughed so hard we cried, the hilarious pet names we had for each other, and all of the strange and wacky situations we've gotten ourselves into. I am happy that I am sending you off to your next biggest adventure a little saavier at crossing the street, more experienced at removing ticks, and more practiced at sketching! I will think of you when I refer to my physics notes and find your funny doodles in the margins! Thanks for never tiring of my countless Italy stories, for driving me around (and getting lost for hours), and for being such an awesome friend! You're so excited to go to university, and I know you'll be as much a success there as you were at BH. Ciao! ~ Nadine

Mira Fister-Tadic

Mira!! Burro (that's how my mom remembers you)... remember the first day that we met?? It was so funny the way you came to me screaming and I was like, "who is that girl because I didn't know you, but now I know that you are a such cool, artistic and sometimes enthusiastic girl, you are a really cute person, actually we did have so much fun this year and also we traveled together to new York and Italy and that was really fun! Do you remember when we were in Venice what the old old ladies did to you that thing in April 1 haha was so funny. We had so much fun that I hope you never forget it and good luck in the future with whatever you intend to do. Adriana

Sola Han

It's been almost two years since I have first met you. I can't believe we are finally graduating. Even though I'm 'unni' to you, I have learned a lot from you and sometimes I felt like you're unni. I was so happy to have you as same grade; I would have been lonely without you. I hope you felt the same. It wasn't that long, but I will never forget the times we had together. You helped me a lot, thank you for being so nice to me. Our friendship is priceless so let's keep it forever. Good luck with next year in university and I hope that all your wishes would come true! Seelgi

Jamie Holt

Dear , jay , j-ho, tri jay, holt, holtsy, halt, Perez What can we say about our little shrimp? Little ninya. Your itchy skin and Exema have taken us through the past years. Your pre-games are always the best and when Murray goes out of town the parties are always insane. You live up to your song everyday by always acting a fool and we love you for it! You're always down for a good time and we can always count on you as friend. You can make collect calls like nobody's business and your lunches are always the object of our affection. You are Drop Dead Gorgeous. And we can always count on you to be brushing up on current events...or something! Jay we love you more than life and you are the most smartest! School would not have been the same without you. Although grade 12 is over we are all so excited for the years to come because we know the memories will only get better. Never change buahhmauhaha!
P.S. Youz guyz cant bez in herez! Love forever and Always xoxo E.M, H.K, C.W, A.K (those girls)

Roxanne Ilagan

"ROXXXANNEEE!!" is the word you heard when you first came to BH, back when you were an emo child chipping your black nail polish and slitting your wrists...vertically. We love you even if you don't know what an inside voice is and we can ALWAYS roll witchu for support and amazing laughs (THAT'S DIRTY! laptop, VOTE4JUDE, I CAN'T SEE, "creepy smile/bobbing", MOTHA HEN!! Imma Hustla! "Why is it so delicious?"). You've been there for the mental breakdowns, atrium stalkage and much more. We have watched you grow from that scary girl in grade 9 who wanted to throw us off the third floor, into possibly the most bubbly, touchy-feely, emotional, caring, beautiful and ballin person that we know. We love all 5 feet of you our Filipino friend. Baby lly we wouldn't change a thing - Disney should make a Filipino princess based on you. WE LOVE YOUUU! G5<3

Chelsea Illchuk

Chelsea these last two years have gone by so fast. Two years ago we were all strangers starting some dumb private school, and now we're as close as sisters. Some crazy stuff has happened in the last couple years. Let's start with Roger E. Shortridge and his bus. How many hours did we spend in that bus: whether it was watching movies, gossipping, or writing stories about Sylvia? I will also never forget those phrases that meant nothing to anybody but us. Deeeeeaaaan. Ah...Sylvia. Totally Expected! Your mom... And of coarse, What's for Dinner? We've travelled together, won together and lost together. We've had crazy laughing fests, and long, sad sob fests. How do you keep two years in under 200 words...You cant! I will always remember the years at BH. I'm so glad I met you two years ago and I can't even imagine my life without you and the rest of the Blazers

Seel Gi Jun

Dearest Seel-Gi Unni,
I can't believe it's already been two years since I've known you, I can still clearly remember the first time I saw you with your long wavy orange hair looking so mysterious yet cold. Now I've known you, I know that you are one of the warmest people I have ever met! You've always been the kind of person who cares about everyone and makes each and every one of us feel soooo happy =D You have been such a dependable UNNI to me and to other Koreans and you have always been a role model for me in many many ways. Whatever you decide as your career in the future, I'm sure you'll make the best of it~ I'm also certain that a perfect prince will come for you on a white horse and you two will be happily married forever and more! Don't forget to invite SOLA to your wedding!
LOVE YA!! Sola Han

Kali Kazina

Shkali? Is it you? Looking back, it is hard to imagine that you were once, the shy, dancer-girl with the glasses, whose head along with Nora's, that Krupa held onto getting up the snow hill. We cannot believe how much you have grown up, and how much fun we have had together: from our grade 5 grad to grad 07, from our 11th birthdays to our 17ths. From the time you got your license two years ago, to when Nora got hers a year later, to when I got mine a year after that (5 DEMERITS), and you were the only person who didn't say "FINALLY", even though you were secretly thinking it. Whether we are at Christina Aguilera or just watching Nigella Express, we just manage to have the best time (Borat). You are the macaroni to our cheese, and I will miss you tons next year.
Your partners in crime, Krups and Nora

Diandra Kennedy

Diandra,
We have had so many laughs and good times over the past five years. I remember the first day you came back to BH in grade eight, and we were in Mrs. Sammons' classroom. I also remember Renaissance Festival and shopping at Mall of America. That year was so much fun. I can't believe we are already graduating. This year has gone by so quickly!! I hope you have many great experiences after Balmoral Hall. It's going to be weird next year, not seeing you every day. I'm really going to miss you. We will definitely have to keep in touch and stay connected. Wherever life takes you, I hope you enjoy it. Enjoy the bit of time that we have left before we graduate. You are a good friend! Next year won't be the same without you.
Good luck! Michaela

Ashlyn Kettner

Dear Maddie, Azlin, Smash, Addieboe, Cash,
Right now you're probably staring at your blank computer screen reminiscing of the great times at Balmoral High. Your infectious smile, beautiful tongue and perfect toes have gotten us through the past years and your insane humor will never be forgotten. It's hard to watch movies with you (especially White Chicks) and your squeaking is the best. The toe rings, welches, the boys, and the parties. You're our little R muncher and we love you. Even though we will never be as close with you as the friend on your head, we think you're a pretty cool kid. The memories have been insane, from Dante to Poochini, Sandi's Buick, stalking, the Alero, " the night before Sybil's 85th", Mrs. Graham, Tetris, Jackie D and lady lib. You are the best friend we could ever ask for and we can count on you for anything. Your are our glooba for life and we love you!
Lover forever and always, Xoxo, H.K,C,W,J,H,E.M (those girls)

Jenelle Kohanchuk

Eh Sylia, Eh Sylvia, you tummy is my pillow...! HA OMG YOUR SOOOOOO WEIRD!! :) Ha koko where to start? Well, we've known each other for what seems like forever, and who would have thought then that we'd be graduating together in Scottish kilts! Koko, you're awesome, and whether it's pullin out some kinda sick dangle that we've only seen Crosby do, being there for me when I'm down, or wearing a little monkey jets hat in class, I know can always count on you! I'll never forget all the countless AMAZING, HILARIOUS times we've had this year, and I wouldn't trade anything that's gone on because through thick and thin, it has only made our friendship stronger! You know I'm gonna miss you so much next year, and class definitely won't be the same without your random comments! All the best with everything, I know you'll do great! Love ya bud! 4 musks for life! Bailes :)

Hannah Korsunsky

Dear Hannah, H-kor, Hanoids, Hansy, Hannibal, Ham Sandwich, NORRRI. Let's just start it off by saying that you are going to be free-styling your all the way to uni next year!! In the near future you're not going to be the paparazzi you're going to be in the pictures because you out did LIL WAYNE. Next time you return a hypo allergenic hamster make sure you return your REAL Annoids with it. Hannah it's time for you to let go of Debbie and get a real dog when you enter university next year. Right now you're reading this and your dad is probably puking on a plane. You did a great job documenting this year for us!! You are definitely the mother hen in the group and we can speak very very wisely of you. You're also a mamacita that is never too afraid to lay down the mack!!! You defininitely blew chunks in Mexico, we would like to see more of that next year! HANNAH we love you to death and you are always there for us and we will be there for you!!! We're so excited for the new memories to come! STAY POPULAR!!
Love you forever and always JH, AK, EM, CW (those girls)

Krupa Kotecha

Krupa, we've had so many good times together since second grade! I'll never forget stab and twist, days of shopping, hunts for McDonald's milkshakes, getting lost trying to find milkshakes, and of course the food channel! Classes won't be the same without you asking whether or not the assignment is for marks. You have made my years at BH so enjoyable and I can't imagine having a better friend than you. You have always been there supporting me in everything I have done and I hope I have done the same for you. I know you will be totally successful in anything you do. I will miss all of the laughs that we have together, even when we're not doing anything particularly funny and your face of terror when I try to make a joke that doesn't work out. Best of luck and keep in touch.
Love Kali and Shanleigh.

Stephanie Lawson

Shteff. My first recollection: Little Steph at Springer's gymnastics, tanned as always, middle part, braces and braids! Oh the years have just whizzed on by. Let's start with the hair ... brown long, black short then I made you dye it blonde. Now let's review our agendas, I can always count on you to start decorating and pretty much stop listening in class. Black pens, weird designs, ooojevavoo! Some of our messages to each other are priceless. I have song lists you gave me from grade 9. Now where did all these fabulous songs come from... well of course One Tree Hill! You and I both know the impact of quotes on our lives. Physics, or lack there of. Going to watch countless hockey games together- our sad attempts to play hockey. We've been together all along, and through many different groups of friends, I know I can always count on you!
I love you and I'm gonna miss ya! J Jenna

Yu-Chieh Lee

Lee Yu Chieh!!! Finally, we are going to university next year! I can't believe it's almost the end of my rez life with you. Next year I will probably sleep 24 hours a day without you coming to my room every morning to wake me up. I still remember how we met the first time in rez and went to "Right There" the next day, and your crazy black ice cream made me laugh so hard. Two years later, thank you for listening to me every time when I needed you. I feel so weird that next year I can't go into your room and tell you what's happening with the story. Keep dreaming the weird dream, I know it's because of my impact on you, hahaha, and remember to tell me what the ending is. You know what? I'm so glad that I met you and became close friends with you, love Jenny.

Nadine Lowes

I can't believe we're graduating! It's been an adventure at times, a struggle at others, but rarely was there a class or an outing when we didn't share a laugh or two or three... Sometimes we laughed until we cried – or at least until I cried and you sat there pretending not to know me! We sure have accumulated plenty of great memories – like the summer phone calls where you had to whisper your adventures to me because it was 2 a.m. Italy time, and (sorry, it has to be said!) when I had to pull that tick out of your leg at Envirothon. Thank you for teaching me how to sketch, making me laugh, talking me down and/or panicking with me when APs got stressful, and for sticking with me through my obsessive phases and sometimes frightening antics. I hope you have a blast next year!
Much love!!! —Nora

Nellie Minshull

Nel-Dawg...Rooomie! There are so many things that I am thinking about right now that I could write about! In two years we have done so much together. Jumped a ditch, hit on some Sask cops while we weren't in the greatest condition ;), laughed at all our flatulence problems, popped out windows, climbed to the top of the school using a garbage can, set off a few firecrackers that went awry, made up some good dance routines.... We were never bored! You are the only person that I could spend every second with for two years and never fight with. Nel you are an amazing person and a great friend...best friend. Who is going to sing to me when I am scared at night?? Have an amazing University experience (you have a way with things so University will be a breeze ;)) Good luck in the future I know we will meet up again. P.S- you are hilarious, you are making me laugh right now about a guy on the bus! KL

Erika Mitchell

Dear Erika, Axelle, Mitchum. Should we begin at your FABULOUS shirt or your nights of meowing We can't even explain the diagnosis but I bet Damien can! From the nights in Mexico to driving in the rabbit you are the rowdiest friend! You're the only person that can survive lead poisoning and Sars! You have impeccable taste of music (holly dolly, hamster dances) and you plan the best bonfires! You are the most loving amazing best friend! You're da bomb don't eva change! Love yo forever and always, AK, CW, JH, HK (those girls)...RELaxxxxxx, you're beautiful!
Where do I start? You're intelligent, confident, and your sense of humor is off the charts! Only you can pull off your fashion style, despite those who try! You're always there to support family and friends and I'm proud to say I'm one of them! You always bring enthusiasm to any party. You have always been a trendsetter and not a trend follower standing up for yourself and for others. You certainly making a mark on BH it won't be the same without you. Your choices after BH will truly be monumental~ Let the good times roll Ruby Tuesday

Adriana Morales Sanchez

No, no you can't take that away from me! How did we sing that song? How many countries have we traveled together? What I really cannot count is how many times you have made me laugh and made me happy and cared for me! I remember how shy you were when I met you in September and look how much wiser and more honest and brighter you are now! You would never know how excited I was last year to meet you, and now you will not believe how much I am going to miss you. You are my Princess Oaxaquena! Gracias por todos los momentos que pasamos juntas, sabes que es lo que siempre se va a quedar en mi memoria?? Cuando nunca hicimos la tarea!! Las clases de ESL tan OCUPADAS? Y siempre empezabamos la dieta comiend chocolates!! jaja TQM!! Ella y yo!! Mira

Macy Morden

Macy yeah yeah Macy Macy Macy! We have had the most hilarious, unreal and of course memorable times together these past fourteen years (most notably the last four). Everything from grade nine gym class to grade twelve lunch runs, we've had some pretty intense stuff go down. Through the good, the bad, the awesome, the weird and the screwed up you've always been there for me. Thank you so much for being an amazing and loyal friend! You've always had my back and I've always admired your strength, and self confidence. I'm going to miss you SO much next year! School will be exponentially more boring without your presence! I wish you all the luck and happiness next year. I hope you achieve all that your heart desires and more! Have an unreal time at Western! Love always, Callie.

Shawna Olson

Bayshawnakaduqway, Shawnz, Kawnz. Pocahontas who? Our talented princess...literally, two steps behind, grandmother willow, whispy hair, contagious smile, OCD perfectionist who loves her cream cheese evenly spread on her bagels. You're the responsible one Shawnzie, the physics wiz. Despite complimenting all of us on our huggableness...you by far are the most cuddly! "You guys want some cookies?" ELOHEL! DID I SLEEP? Walk it out, why is it so delicious? TOO FAR SHAWNZ TOO FAR! OhEmGee look at you tear up the b-ball court in your Air Jordans. You're our Aboriginal goddess and we love you to PIECES! We cannot help but smile when we see you bounding down the atrium Harry Potter lunch kit in hand. Never EVER stop being the girl you are (but you can continue to try to close your mouth). You brighten up our day and we know we can always count on you. G5 <3

Kyleigh Palmer

PUUUUMMMMMAA! A long, long time ago in the land of the Gypsies, there was a girl named Puma and a girl named Chelsa. They were travelling on the lines of Roger. E. Shortridge and were at a little pit stop. Then it appeared... a green, long, slithery, mean lean machine! It was a...a....a SEA URCHIN! Chelsa and Puma battled the Sea Urchin and were able to get off the bus, but were not able to escape it forever. They can still be seen today carrying a pen cap with them at all times. Puma! You are such an amazing person, hockey player and friend! 4 musketeers 4 life! Best of luck at Vermont for the next 4 years! You will do amazing because you are an AMAZING player... MEEP MEEP! Now next time you see Sergeant Billy, you better catch that unicorn... and oh ya one more thing... DON"T FORGET THE BERRIES! Chelsea Illchuk

Holly Penman

Holly Rachel Puppy Penman, I remember the first day that we met. It was grade 7 and my first year. I never told you this, but I completely thought that you were Kali Kazina for at least six months. Finally, at the end of grade 7 I learned your name, and by grade 8, you and I shared every class and we became best friends. From THE "W" WORD, to Corduroy and Pi- who are obviously still best friends even though Corduroy hasn't made an appearance in a while- I will always remember our hilarious times.... especially on ONCE ON THIS ISLAND Jr. when we made up that two certain people wanted to kill us backstage, and that we felt threatened for our lives. Also your weird ability to attract foreign men (not boys) and SO many more. I am going to miss you so much next year!!! School will never be as funny or as amazing as it is when you are there. LOVE YOU.
xoxo Rachel Goldie Cosman

Kristi-Lyn Pollock

What to say about KL...probably just that she's was the sweetest roomie in life. These past two years have been a ball in residence and we have so many crazy memories. Some involving greyhound bus rides home sitting in front of some pretty shifty people, becoming addicted to Desperate Housewives and only leaving our room to eat , hearing the printer go off and automatically assumed someone was in our room ready to attack us so I had to sing the entire Boot Scootin' Boogie song to you to calm you down...yup you wouldn't have gotten by without me haha. We have definitely had some good times (how about when we launched a van off a dirt road, over a ditch and into a field, then just whipped 'er around and kept going). You're probably going to miss me a lot next year so I have a life size cut out of me that you can put in your room. You better do the same because I'm going to miss you too. Good luck next year Kristi, you and I are a gong show! Love, Nel-dogg Ps. don't ever trick me and show me an email that you say is going to be "funny" again because you know it only ends up with you getting tossed against a wall.

Danielle Rubin

RUBIN...I could leave it at that and enough would be said. But in our last moments at BH we have too many good times to not tell!!!! First time I saw you in your fancy outfit on new girl day I knew you were trouble. September 2007 started off with a bang and I think we both knew it was going to be a gong show! Cinnamon everything, menthols, clothing malfunctions, and those crazy Shell stops! Fireworks at the Leg also gave us a great laugh, even with all the adventures it took for us to get there! Although next year we will not be in the halls of BH our spirits will live on! Good luck in your many outrageous adventures that await you in the future. Lots of love, E Mitch

Shereen Samimi

Reenie!! Our sarcastic, Iranian princess/Egyptian Goddess! From front bangs and braces, you have grown into a beautiful and confident woman who not only shuffles, but struts her stuff down the hall - step aside Tyra! We're so at home ot the Samimi Residence. "Would you like a beverage?" We're ALWAYS 99.9% parched. We have MULTIPLE dance parties, nuzzle sessions, dogs, grilled cheese sandwiches, and steak dinners. Doctor by doy, WAG by night married to an Italian/Brozilian/Chilean soccer player. Not only do we live in your crib, but we also spend our lives rollin' in Medina jamming to Miley and the JoBros sipping on our Chai tea lattés. Despite the fact that we can never exit on the driver's side, we still prefer to cram into one door and experience the "baby dinosaur rebirth" daily than walk anywhere. We love and appreciote your sarcastic flare. You rock, don't ever chonge! G5-3

Victoria Schaeffer

Vic... Tori... Grace's friend... what the heck? We're graduating! That doesn't seem right at all, it's only been, what? Fourteen years? I mean, what about the coconut horse hoofs, or "Help, help! I'm being oppressed! Come see the violence inherent in the system!" Think of Yarn Ball and debating tournaments where "Ignorance is Bliss" gave us a few vocabulary troubles and Englond and the list goes on ... You're leaving so soon! Who will be the Sam to my Eric? Calming down on the melodroma now, I promise. Our friendship has lasted o long time through the absurdity and emotionol poin that is high school. We've helped each other through and next year will be hard with you gone, but we've survived a lot alreody ond experienced so much, a couple provinces shouldn't be able to kill our ties of friendship. Good luck and I'll miss you.
XOXO Grace

Erica Scharfstein

Dear Erica, Er, Scariff, Scare, Scary Spice, scariffstein, Scharf, Doggy #3 etc. etc. etc. Wow WHAT A YEAR! Chipped teeth, being haggard and Math every day first period was just the cherry on top wasn't it? Looking back and seeing that only 10 minutes had gone by gave me the runs, just kidding Mrs. Baillie, Erika Mitchell, Scariff and I know we were your favorites. Plus, there were beehives all around always blocking my view of the board! Anyways, spares and lunches at your house were great even if your house had missing wolls and we had to walk the plank to your front door. V-Day was excellent, me, you, Jen and our adventures to certain places on Portage....hmmm, we won't be forgetting thot day anytime soon. My favorite line was "research" in the funny accent ond eating cookies from the caff and waiting there like drooling dogs because a sign was up saying, "be back in 10 minutes, Marito." I guess I got the greatest experience I could have considering I was only there for 3 years which makes you more of a bher hahahha! Love you forever doggy, see you at U of M! Desk portners? Love, Rach/Doggy #4/Braemar House head 07/08!!!

Rachel Solomon

Yo dawg! I just gotta start by say that YOU my home girl are my favourite person EVER!! We have gone through everything possible together, and have had so many funny times. Firstly, the giant beehive...will never forget that!! I will always love the word "reseorch" because of you and Wimbledon. Lunch at my house, and 10 years younger. We've got so many good tips from that show we'll always be lookin young!! V-Day, the grossest day of the year! Searching for something with a K...you and Jen know what I mean! One day I hope you'll marry Emile Hirsh, you two would have the hottest babies! Your dod's birthday with an open bar, and your dad singing karaoke, funniest night ever! Rach, me and you are like sistas, we're BFFS and forever will be doggys4life!! +floom&al (doggys1 and 2) I LOVE YOU SO MUCH!!!!!
Love you forever&ever&ever - Dawgy Erica

Shanleigh Thomson

You and I started out in JK together but my first real memory of you was in Mr. Millani's kindergarten class. You broke your leg and had to sit in the back of the class for 3 weeks with your leg surrounded by a big white plaster cast. Even in your time of pain you managed to have a great big smile on your face and after 14 years you haven't taken it off. Shanleigh you were a great Head Girl and a great friend. I wish you all the luck in the world next year. I know you'll be successful in whatever you do. All my love, Megan

It comes as no surprise that we are good friends. 1. We are both amazons. 2. We both have an innate craving for caffeine (particularly of the Starbucks variety). 3. We are both completely insane in that we took every AP course offered to us, ignoring our need for sleep, fun, and relaxation for two years. Despite being slaves to the college board, we have managed to make some good of it all: Grad 07, duke trip 06 (thank god you were in my canoe), duke trip 07 (thank god you know how to cook), and lunch escapades. Your partner in AP Krups

Tayler Van Denakker

TVan! I will never forget sneaking out of physics class and never getting caught, and our unreal candy drawer that we had going there! I will always remember going into Greener's and Gariepy's office and always finding where they hid their chocolate bars and also the candy from the staff drawer! Next time you're in trouble, make sure you remember your name when they ask for it! I will never forget all the good talks we had, going snowboarding together, New Year's, and just having those good old chill nights where we would laugh for hours! As far as hockey goes, you're an AMAZING goaltender that has great potential and you will achieve anything you want! This is the first year I really got to know you and you're a great person with a fun personality!
Good luck at St. Cloud State next year! I love you bud! -koko

Michaela Vickar

Michaela! Wow, where do I start? I can't believe we're both graduating!! I thought this moment would never come!! We have had some good times together!!! Do you remember when u were like 3 coming over to my house and eating alligator soup!!! Remember the Renaissance Festival in grade 8 (the joke!!) why did we laugh about that? We also had good times during the New York Trip in grade 10!!! You are nice, smart and a really funny person!! When Elissa and I were talking about "the fight" do u remember what u said! LOL!!! I think our most memorable time was during the Ottawa Trip!! I will never forget that story u told me! I have never laughed so hard in my life!!!! U have made my years at BH so memorable!!! I will miss u so much next year. Let's keep in touch!!
Love Ya!! Diandra

Courtney Weinstein

Dear Courtney, Patricia, Chutney, C Dubz. It's hard to think about memories of you at school because you are often found taking the week off. However we can all think of amazing memories of you over the past five years at BH. A day won't be the same without hysterical laughing from your hilarious sense of humor. No one can compare to your amazing imitations of people such as "Doctor Shyka "Hoff V." and hundreds more! A bad parking spot is a fundamental excuse not to go to school and go out for breakfast. How are Claire and Dasha going to survive next year without out their 5 ft 8 blonde stalker... talking about stalking I'm pretty sure a stalking sesh is necessary! Parties, jokes, school and boys could never be the same without you. High School has been amazing with you and we couldn't ask for a better best friend! Love you forever and always, AK, EM, JH, HK (those girls)

Kristine Wilson

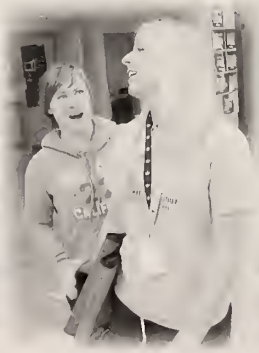
Teen... All the fun times we had together this year are coming to an end. No longer will we be able to run to the lunchroom for a hot chocolate, or get a chance to share MY lunches. We're never again going to sneak our cars into the staff parking lot when we're late... EVERY morning; or write those fancy little notes that save us from Lloyd when we miss...you know what. We won't get to sneak into Garps room to have a couple cows and catch up. You coming back this year meant the world to me; it wouldn't have been the same without you. Everyday with you was a blast, thank you for sharing your last year of high school with me. Good luck in everything you do, I know you're going to accomplish great things. Don't give up on your dream, I know you're gonna be a star kid. Love always, Sars

Sarah Zacharias

Sar... where can I even start... I remember leaving BH in September sitting in my Massey classroom and just thinking about how crazy the BH halls must be with your crazy self in them. In a way I think you helped bring me back to this crazy school and considering our year together I think it was a great decision. Who knew that we would end up this close, everyday sitting together giving each other the 411 on our love lives and maybe sharing a bit of advice that was never really useful in the end. I was always anxious to have a class with you cause it meant I actually I had someone to talk to, and even show my crazy text conversations to... even if it meant you finishing up "our" Bio assignments! I know you're going to be crazy successful and I am so excited to see where hockey brings you. I don't know how I would have gotten through this year without you! MUUAH! Teen.

Robyn Zajac

EDIT: 4, 3, 2, 1 SHHHHAAAAKAAAA
Club Z, What can I say? It's been a great couple of years. It all started in grade six when we became partners in science and I spruced up our considerably dull animal project with pictures of snakes and birds. Then the Turks era came: peace signs, my skin bubbling, making our friendship even greater...as well as the parental's (pretty sure our parents are better friends then we are now). Who could forget volleyball? "A little, a little Nike" "A little Gatorade". And the hardcore dance parties in your parents' bathroom (aka our stage). These have been the most memorable years of my entire life and I don't think I've ever laughed so hard. You are such an amazing person and wherever you choose to go in life know that I'm right there backing you.
Shake and Bake Zaj Love You Always Xoxo Liv



Olivia Zaporzan

Liv. It's hard to believe that it's time to write this already. But here I am. From never speaking to each other back in grade 6, to now, where we probably know each other a little too well, wow, times have changed. I know you will never forget the amazing dance parties, sev runs in the Mazda, volleyball trips (BELAY ON!), and always being there for me, even when Red Robin hit me hard. I could always count on you to know any song made in the 90's and recite the songwriter and year of debut to any song ever written. You've also brought out the best of me in French class, where I'm sure Madame loved our "enthusiasm." So whether we're six rooms down from each other or a couple hundred miles away next year, always remember ONE club, ONE team, ONE philosophy, ONE facility...
Love always, Club Z

Natasha Zloty

Nat!!
So 13 years as friends and you would think this would be easy to write! But suddenly I'm blanking on the funny times and can only think about the fact that we are leaving BH and that I'm going to miss you! Sooo just a recap on some of the good times like when we went to Saucers and fell for the dish boy and then see, WAIT his jeans are tighter than ours!! Boo. Or when we both realized that we have the same obsession with organized pencil-cases, and were devastated when we couldn't find another stand up one in Winnipeg! (yes we checked every office-supply store!) There have been so many more good times and I know that I can ALWAYS count on you for anything. Sweet-chili-heat and milk when one of us needs cheering up? Yay!! U of M next year!! Woot woot!
Love always! Ali

Lifers

Nadine

Megan

Shereen

Olivia

Stephanie

Kali

Nara Fien,
Callie Blank,
Macy Marden,
Kali Kazina,
Natasha Zlaty,
Shanleigh Thamsan
Alex Campbell,
Nadine Lawes,
Megan Alexander,
Shereen Samimi,
Olivia Zaporzan,
Stephanie Lawsan,
Grace Bayd,
Victaria Schaeffer

Grace

Victaria

Shanleigh

Nora

Macy

Callie

Natasha

Alex

I Love My Doll!

nternational students gathered to celebrate the end of a fun year

Callie Blank and Macy Morden showed off their dolls

Mrs. Friesen was presented with flowers as a thank-you for her patient instruction and advice

Ashlyn Kettner's dad showed her some love

Adriana Morales enjoyed her doll with her Mexican friends

Kali Kazina couldn't get over her resemblance to her doll

Christa Lee played the violin for all the graduating students

The dolls of all the graduates were assembled neatly before the assembly

Mr. Rebeck hugged his "team"

Grace Boyd had fun at the ceremony with her dad

Closing

Eleanor Fascione and Fatima Warraich received the Jessie May Carter Riverbend Award for outstanding progress in the French language

Leanne King received the Jas. A. Dowler Award for overall excellence in Mathematics and the Member of Parliament Canadian Student Award for demonstrating a keen interest in community and/or world affairs

Sena Lam received awards for community service from United Way and the Fejes Volunteer of the Year

Jenna Brown proudly displayed that Ballater won the House Trophy this year

Exercises

Tzu-Hsun Chi received the Nora Lansky Memorial Award for progress in mastering English as a Second Language

Robin Jacuzzi BH'07 presented Jessica Goldberg with the Jacuzzi Applied Science Scholarship for excellence in studies in Sciences and strong contributions to the school through sports, politics and volunteer activities

Marikka Lee received the Head of School Award for highest average in grade 9 and the UK Alumnae Prize for highest standing in History

"You cannot become what you need to be by remaining what you are"

Author Unknown, as presented by keynote speaker, Susan Sammons

Former teacher and grandmother of current BH students, Sheila Milner, presented Holly Penman with the Laura Milner White Award for enthusiasm, dedication and commitment to improve the quality of life for children in need

Roxanne Ilagan was awarded the N. Thomas Russell Award for leadership by example and the Clare McCulloch Award for Creative Art

Garden Party

Angeles BH'07 and Adriana Morales Sanchez

Clea and Macy Marden and Hayley Mitchell

Diandra Kennedy and family

Chlae and Michaela Vickar

Olivia and Shawna Olson

Linda and Megan Alexander

Handprints

Jamie Holt, Jenna Brown, and Rachel Cosman dipped em' in

Alex Campbell made her mark

Krupa Kotecha and Roxanne Ilagan smiled pretty for the camera

The grads couldn't believe their time had come so soon!

Girls hurried to make their prints before the cement hardened

Erica Scharfstein, Rachel Solomon, Ashlyn Kettner

Enchanted

Gaby Perezanta, Angeles and Adriana Morales, Mira Fister Tadic, Edurne Fernandez, Caitlin Brock

Sophia Cho, Sola Han, Eun Jin Kwak, Seel Gi Jun, Erica Lee, Yeon Jin Kim, and Suji Kang

Memory Lane

Heather Sandhu, Saira and Sameera Abdulrehman

Sarah Zacharias and Shawna Olson started the dinner by saying grace

Toast to the Parents
Holly Penman and Macy Morden

Response from the Principals
Mrs. Steek, Mrs. Kamins and Mrs. Copp

Toast to the grade 11s
Roxanne Ilagan and Shereen Samimi

Response from the Staff
Mrs. Friesen, Miss Kirk and Mrs. Gariepy

Nellie Minshull and Kyleigh Klassen

Sharon and Courtney Weinstein

Jamie and Laura Holt

Sarah Zacharias and Jenelle Kohanchuk

Miss Kirk, Sinthu Navaretnam, Katie Hoffmann, Talia Joundi, Michelle McFadden and Erica Siddall

Melanie Riggs, Grace and Dan Boyd

Tana Christianson, Nora Christianson Fien, Nadine, Gwen and Murray Lowes

Macy Morden and Holly Penman

Ryan and Bailey Bram

Seel Gi Jun

Nora Fien, Kali Kazina, Krupa Kotecha, Callie Blank

Grad cont.....

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Balmoral Hall School - Grad
June 19th, 2008

Jenelle Kohanchuk, Kyleigh Palmer, Chelsea Illchuk and Bailey Bram gathered for one last team photo

Erica Siddall danced it up with DDR

Shanleigh Thomson,, Alex Campbell, and Roxanne Ilagan rode in style

Rachel Cosman and her date partied before the grad party

Grade 11 and 12 valleyball girls enjoyed some last memories together

Sinthu Navaretnam, Talia Glodjo, and Shanleigh Thomson danced the night away

1. Bailey Bram 2. Alexandra Campbell 3. Nellie Minshull 4. Shanleigh Thomson 5. Grace Boyd 6. Lo Kai (Jenny) Chan 7. Diandra Kennedy 8. Adriana Morales Sanches 9. Stephanie Lawson 10. Natasha Zloty 11. Courtney Weinstein 12. Tayler Van Denakker 13. Kristi-Lyn Pollock 14. Erika Mitchell 15. Krupa Kotecha 16. Kali Kazina 17. Nora Fien 18. Jenna Brown 19. Elissa Brok 20. Nadine Lowes 21. Callie Blank 22. Caitlin Brock 23. Jamie Holt 24. Shereen Samimi 25. Olivia Zaporzan. 26. Rachel Solomon 27. Shawna Olson 28. Roxanne Ilagan 29. Rachel Cosman 30. Robyn Zajac 31. Michaela Vickar 32. Macy Morden 33. Sarah Zacharias 34. Jenelle Kohanchuk 35. Megan Alexnader 36. Hannah Korsunsky 37. Saira Abdulrehman 38. Yu-Cheih (Jessie) Lee 39. Holly Penman 40. Erica Scharfstein 41. Mira Fister-Tadic 42. Ashlyn Kettner

Guess Who!

I was a difficult child. "demanding" "gregorious" "impatient" "does not follow instructions" all appeared on my first report card which probably accounts for why I was put in BH at the tender age of four. I was the kid who would tell you if you smelled funny, the preteen who told everyone about her athlete's foot, the adolescent who liked the Backstreet Boys when they went out of style for that brief period of time. Yes, I tucked my T-shirt into my high rise jeans. If you ever get the opportunity to spend time with anyone under the age of 6, you'll be amazed at their lack of inhibitian. There are no regrets, no fear for the future or consequences for their actions.

I stand before you terrified of what the future holds, scared to death of wearing the wrong thing to my first psych class, afraid that the envelope in my pew has no diploma because of overdue library books. But I think that each graduate has that same child within them—the one who told the class her mom dyes her hair with a fearlessness that will allow us to go riding off into the sunset on our imaginary ponies, to a world that is waiting for us.

Of course we'll always have our, and yes I will be cliché, "BH Family" waiting for us after our trek through the Andes, our third Oscar Nomination. We can't forget to thank them for getting us to this point in our lives-

To the students: without you our attempts as a council would be nothing. Thank you for your willingness to try our ideas, whether they were crazy, outlandish or involved kicking footballs over the second floor balcony, thank you for trying it all. Please, keep this school alive by showing the spirit you've shown us for student councils to come.

To the grade 11s- you've been our little sisters and best friends for so long. All I can say is, rock the school next year like we know you can, be those praud seniors who dominate their rightful place in the common room. We expect great things from you and we know you won't let us or the students down.

To the teachers: as the blood of this school, what can I say- you're kind of essential. It's a hard thing to get a student to want to come to class, but I know there are a lot of teachers who accomplished this feat. Whether it was to just hang out with T Friesen, Doc, Wilkey, Green or Kirky, or to listen to the life stories or "deeper meanings behind Shakespeare" in Mr. Kerr's class, the teachers made BH like a visit to a wise friend at least a few times a week, depending on how our spares lined up. I know I speak for everyone when I say, we'll miss the [Dr. D MMM], "do you know what I mean", "awesome", Peppermint Lifesavers, Love-scrapbook Cupcakes and let's face it, the reason why we went to Kerr's class-- the BFI Bin.

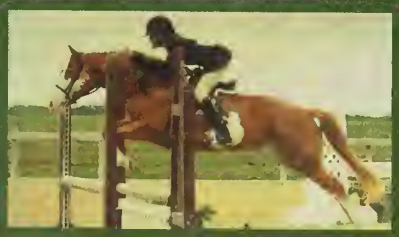
To the parents—you the beneficiaries are the reason why each girl sits here today, a graduate of Balmoral Hall. For many of you, the money you have spent sending us here could have bought you a new house instead of the countless hours of complaining, and enough drama to start a soap opera with. Watching us grow from kids in fluorescent, highlighter coloured everything and backwards baseball caps to mature women who can take on any cat fight that comes her way was probably not easy, and being a psychologist, chef, cleaner, nanny, doctor, teacher, diplomat and parent all at once without pay is why there are no words to describe how much we all thank you for being there for us.

Finally, to the graduates- my peers, teammates, trans groups, crutches, comforters, DDs, but most importantly friends. I am so glad to have had the opportunity to grow with you from our awkward caterpillar stage to where we are today; breaking out of the protective, binding cocoon of BH. They say that one flap of a butterfly's wings in Africa can cause tornadoes in North America. If that truly is the case, think about how much windy chaos 49 strong women, emerging as butterflies will cause flapping our wings. The transition from our plaid-coloured chrysalis may be difficult, but here are a few things to remember when you feel yourself struggling through this metamorphosis:

1. If you can put over 250 chairs on a roof within a 2 hour period OR carry a mat 6 times your size over your head, you can do anything.
2. A zip OR a hoodie will keep you warm.
3. Remember, if you get hungry, there is bound to be a honeysuckle bush nearby.
4. But why eat honeysuckles when Starbucks is located in 44 countries with over ten thousand shops in the US alone.
5. Zimbabwe is a fabulous place to live.
6. A count to five won't work, but a count to five and a hammer will shut anyone up.
7. Wearing too much black does not make you look smaller, but makes you a Goth.
8. A white polo will not substitute for a button up shirt even if it's under a sweater—for all students, Mrs. Bailey will find you.
9. Sheep have a variety of uses- clothing, food and the ability to be a math variable.
10. At exam time next year, listen for the sounds of "ahuh ahuh why" echoing through the U of M; you'll know a BH girl is close by...and very stressed.
11. No more Blazers!!
12. Cell phones CAN be used in real life. No more hiding it, hold it up proud when your texting.
13. If you ever have guy troubles, just know that KL, Puma, Nellie, Jenelle and the rest of the Hockey Team are only phone calls away.
14. Waffles are like circles of life, syrup, the adhesive that binds people together, and Monkeys, the perfect substitute for a dog as a pet.
15. No matter where you go in life, how successful you become, to me and every other graduate, student and teacher, you are the same person today as you will be in five, ten and fifteen years. To us, you won't be the CEO of a large multinational corporation, but the girl who came in late to class.
16. Finally, Love Today.

I am honoured to be have been a part of such an amazing graduating class, full of the most talented girls I could have ever known. Despite our differences, our ability to come together at the end of the year as a graduating class proved that we can do anything.

So as we head out into the unknown, remember that little girl who started her first day of school with no inhibitions, no fear, no regrets and awaken her within you. Let her have a cupcake once in a while, and never forget to take every day as it was your first, not your last. No inhibitions ladies- because outside of BH, there is a world waiting. It's not easy to be green, but we did it!

Shanleigh Thomson BH'08
Head Girl

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